**Signaling pathways in cancer-associated fibroblasts: recent advances and future perspectives**

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**Abbreviations:** TGF-β, transforming growth factor-β; CAFs, cancer-associated fibroblasts; SMAD, Sma-and-Mad-related protein; BMP, bone morphogenetic protein; TME, tumor microenvironment; ROS, reactive oxygen species; DIAPIH, diaphanous homolog 1; LXRα, liver X receptor α; α-SMA, α-smooth muscle actin; FAP, fibroblast activation protein; ECM, extracellular matrix; VEGF, vascular endothelial growth factor; YAP, Yes-associated protein; ZEB, Zinc finger E-box binding homeobox; ZNF37A, Zinc finger protein 37A; HIF, hypoxia-inducible factor; LIF, leukemia inhibitory factor; IGF-1, insulin-like growth factor 1; TAK1, TGF-β-activated kinase 1; TSP-4, Thrombospondin 4; USP27X, ubiquitin specific peptidase 27 X-linked; VCN, versican; PI3K, phosphoinositide 3-kinase; PDK1, 3-phosphoinositide-dependent protein kinase 1; BCKA, branched chain ketoacid; BOC, brother of CDON; CRC, colorectal cancer; CSCs, cancer stem cells; LNR, liver X receptor; mTORC, mammalian target of rapamycin; mTORC1, mTOR complex 1; MAFK, mitogen-activated protein kinase; MAPK, mitogen-activated protein kinase; NLR, NOD-like receptor; NF-κB, nuclear factor kappa-B; OA articles are governed by the applicable Creative Commons License.
1 | BACKGROUND

Malignant tumors are composed of cancer cells with uncontrolled proliferation and a multiple-component tumor microenvironment (TME), the complexity of which is similar to that of normal healthy tissues [1]. Precisely because of the increased and accurate understanding of the complexity and heterogeneity of tumors, researchers have gradually realized that cancer progression depends not only on the malignant biological characteristics of cancer cells but also on the TME, which is an indispensable cancer promoter [2]. As an important component of the TME, cancer-associated fibroblasts (CAFs) are formed by the activation or transformation of precursor cells in tumor tissues [3]. According to their phenotypic features, CAFs are generally classified into two categories: CAFs with a myofibroblastic phenotype (myCAFs), which express α-smooth muscle actin (α-SMA) and fibroblast activation protein (FAP) at high levels, and inflammatory CAFs (iCAFs), which show secretory characteristics and functions regulating inflammation [4, 5]. Activated CAFs perform crucial regulatory functions in extracellular matrix (ECM) remodeling, cancer cell proliferation, metabolic reprogramming, invasion, stemness and other malignant behaviors, as well as in tumor angiogenesis, metastasis, immunosuppression and therapeutic resistance [6, 7]. Additionally, researchers believe that multiple groups of heterogeneous CAF subpopulations play diverse roles in promoting or suppressing cancer progression in distinct cancers [8] or in different stages of a specific cancer [9]. Signaling pathways are one of the crucial participants in the aforementioned processes, including CAF formation and activation, the acquisition and maintenance of cancer-promoting or cancer-suppressing functions of CAFs, and the mechanism by which CAFs influence cancer cells and the TME.

The dysregulation and mutation of key node molecules in signaling pathways are driving forces of cancer initiation, and...
and progression [10, 11]. Cancer cells can undergo independent and uncontrolled proliferation by deregulating growth-promoting signaling, which is mediated by signaling cascades, for which CAFs are pivotal sources of upstream signals [12, 13]. The role of CAFs in regulating signaling pathways in cancer cells is based on alterations in their transcriptional and secretory characteristics mediated by the internal activation or suppression of signaling activation states, which is partially regulated by cancer cells [14, 15]. Therefore, signaling cascades are communication bridges in the interactions between cancer cells and CAFs, and the regulatory network composed of multiple pathways combines the robustness of cancer cells and the TME to contribute to cancer progression.

In this review, we provide an overview of the definition, origins and heterogeneity of CAFs; summarize the well-known signaling pathways and transcription factors (TFs) that are crucial in cancers, including the transforming growth factor-β (TGF-β), Hedgehog (Hh), Notch, Wnt, Hippo, nuclear factor kappa-B (NF-κB), Janus kinase (JAK)/signal transducer and activator of transcription (STAT), mitogen-activated protein kinase (MAPK), and phosphoinositide 3-kinase (PI3K)/AKT pathways, hypoxia-inducible factor (HIF), heat shock transcription factor 1 (HSF1), P53, epithelial-to-mesenchymal transition (EMT)-related TFs Snail, Twist and Zinc finger E-box binding homeobox (ZEB), and their vital roles in CAF formation and functional acquisition, as well as the contributions of these signaling cascades in CAFs to cancer progression. Moreover, we discuss the potential therapeutic targets of the signaling pathways in CAFs and describe anticipated future research directions.

2 | AN OVERVIEW OF CAFS

2.1 | Definition of CAFs

Spindle-shaped cells with the ability to synthesize collagen in connective tissues are named fibroblasts, and they can be activated to play important roles in the process of wound healing, tissue fibrosis and inflammation, such as promoting tissue repair and regeneration. The initiation and progression of cancer are known to inflict irreversible injuries to the body, during which fibroblasts are activated to influence tumor inflammation, fibrosis and numerous biological behaviors during cancer progression [7, 12, 16]. Activated fibroblasts associated with cancer are defined as CAFs [17]. α-SMA, FAP, fibroblast-specific protein 1 (FSP1), platelet-derived growth factor receptor α/β (PDGFRα/β) and vimentin are considered representative CAF markers (Table 1). Nevertheless, none of these markers is sufficient for the specific recognition of CAFs because these molecules are also expressed in other cell types [18]. Compared with normal fibroblasts (NFs), activated CAFs exhibit greater proliferation and migration abilities and higher metabolic levels [19]. These differences allow CAFs to be better adapted to the TME, which supports their corresponding roles in cancer progression. According to most studies, CAFs mainly play a tumor-promoting role. However, some studies have shown that CAFs also exhibit tumor-suppressive functions in specific circumstances [6, 20]. For instance, in a pancreatic cancer mouse model, the depletion of α-SMA+ CAFs accelerated cancer progression, which was characterized by an increase in the numbers of invasive and undifferentiated cancer cells with enhanced hypoxia and stemness, resulting in increased mortality [21]. This evidence indicates that CAFs play a variety of important functions in cancer progression and that they have a dual nature, as indicated by their roles in tumor promotion and inhibition. Elucidating and targeting the functional mechanism of CAFs, such as the initiation of essential signaling pathways, will promote the development of cancer treatments.

2.2 | Origins of CAFs

CAFs constitute a population of highly heterogeneous cells that may be closely related to their wide range of origins (Figure 1). NFs residing in tissues are the main source of CAFs. They are transformed into CAFs when stimulated by cancer cells or other components in the TME [22, 23]. Various growth factors, cytokines, chemokines and key molecules involved in cell signal transduction, such as TGF-β, fibroblast growth factor (FGF), PDGF, Sonic hedgehog (Shh) and interleukin-6 (IL-6), induce the transition of NFs into CAFs by activating the related signaling pathways [24]. Stellate cells are special tissue-resident fibroblasts similar to NFs that may be activated and transformed into CAFs under certain conditions. Based on accumulating evidence, quiescent pancreatic stellate cells (PSCs) and hepatic stellate cells acquire a CAF phenotype and exert their corresponding functions in response to the actions of TGF-β, IL-1, PDGF, and other stimuli [25–27].

Other irreplaceable sources of CAFs are bone marrow-derived mesenchymal stem cells (BM-MSCs). Quante et al. [28] have reported that in gastric cancer, at least 20% of CAFs were derived from BM-MSCs and were recruited in tumors in a TGF-β- and stromal-derived factor 1 (SDF1)-dependent manner. In breast cancer, MSCs obtained the CAF phenotype by activating the myeloid zinc finger 1/TGF-β1 pathway [29]. Homeobox A9 in ovarian cancer cells stimulated BM-MSCs to differentiate into CAFs by activating TGF-β2 transcription [30]. Clearly, the TGF-β signaling pathway plays a vital role in the transformation
### Table 1: CAF markers

<table>
<thead>
<tr>
<th>Marker</th>
<th>Description</th>
<th>Expression level</th>
<th>Biological effects</th>
<th>Expression pattern (in addition to CAFs)</th>
<th>Refs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Surface marker</strong></td>
<td></td>
<td></td>
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<tr>
<td>Caveolin-1</td>
<td>Scaffolding protein</td>
<td>Upregulated or downregulated</td>
<td>Structure component</td>
<td>Adipocytes, endothelial cells, and NFs</td>
<td>[340, 341]</td>
</tr>
<tr>
<td>FAP</td>
<td>Serine protease</td>
<td>Upregulated</td>
<td>ECM remodeling and fibrogenesis</td>
<td>CD45&lt;sup&gt;+&lt;/sup&gt; immune cells, macrophages, NFs and quiescent stellate cells</td>
<td>[342–345]</td>
</tr>
<tr>
<td>GPR77</td>
<td>G protein-coupled receptor</td>
<td>Upregulated</td>
<td>Complement activation and pro-inflammatory signaling</td>
<td>Polymorphonuclear neutrophils</td>
<td>[251]</td>
</tr>
<tr>
<td>PDGFRα/β</td>
<td>Growth factor receptor</td>
<td>Upregulated</td>
<td>Receptor tyrosine kinase activity</td>
<td>BM-MSCs, cancer cells, NFs, pericytes and vascular smooth muscle cells</td>
<td>[346, 347]</td>
</tr>
<tr>
<td>Podoplanin</td>
<td>Transmembrane glycoprotein</td>
<td>Upregulated</td>
<td>Cell motility, adhesion and vascular remodeling</td>
<td>Cancer cells and endothelial cells</td>
<td>[348, 349]</td>
</tr>
<tr>
<td><strong>Intracellular marker</strong></td>
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<tr>
<td>α-SMA</td>
<td>Actin isoform</td>
<td>Upregulated</td>
<td>Cell contractility, motility, structural integrity</td>
<td>Cardiomyocytes, NFs, pericytes, quiescent stellate cells and smooth muscle cells</td>
<td>[350, 351]</td>
</tr>
<tr>
<td>Desmin</td>
<td>Type III intermediate filament protein</td>
<td>Downregulated</td>
<td>Cell contractility, motility and structural integrity</td>
<td>Muscle cells and pericytes</td>
<td>[352]</td>
</tr>
<tr>
<td>FSP1</td>
<td>Calcium-binding protein</td>
<td>Upregulated</td>
<td>Cell motility, collagen induction, ECM remodeling and tissue fibrosis</td>
<td>Cancer cells, epithelial cells undergoing EMT, endothelial cells, NFs and macrophages</td>
<td>[353, 354]</td>
</tr>
<tr>
<td>Vimentin</td>
<td>Type III intermediate filament protein</td>
<td>Upregulated</td>
<td>Cell motility and structural integrity</td>
<td>Cancer cells, epithelial cells undergoing EMT, endothelial cells, and neural cells</td>
<td>[355, 356]</td>
</tr>
<tr>
<td><strong>Extracellular marker</strong></td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Type I collagen</td>
<td>ECM protein</td>
<td>Upregulated</td>
<td>ECM remodeling</td>
<td>Osteoblasts, tendon and vascular smooth muscle cells</td>
<td>[357, 358]</td>
</tr>
<tr>
<td>Tenascin-C</td>
<td>ECM glycoprotein</td>
<td>Upregulated</td>
<td>Cell adhesion</td>
<td>Cancer cells</td>
<td>[359]</td>
</tr>
</tbody>
</table>

Abbreviations: CAFs, cancer-associated fibroblasts; NFs, normal fibroblasts; FAP, fibroblast activation protein; ECM, extracellular matrix; PDGFRα/β, platelet-derived growth factor receptor α/β; BM-MSCs, bone marrow-derived mesenchymal stem cells; α-SMA, α-smooth muscle actin; FSP1, fibroblast-specific protein 1; EMT, epithelial-to-mesenchymal transition.
FIGURE 1 The origins of CAFs. CAFs are formed from a wide range of cell precursors through specific mechanisms. Upon the stimulation of growth factors, cytokines and chemokines such as TGF-β, FGF, PDGF, and IL-6, as well as epigenetic modification mediated by non-coding RNAs and DNA methylation, multiple signaling pathways in tissue-resident NFs are activated, leading to CAF formation [24, 51, 139, 158]. Metabolic reprogramming caused by cancer cell-derived ROS and other metabolites, senescent fibroblasts, inflammatory cells and mechanotransduction in ECM also mediated the transformation of NFs into CAFs [231, 335]. In addition, endothelial cells can be transformed into CAFs via the EndoMT, while epithelial cells can be transformed into CAFs via the EMT [33, 36]. BM-MSCs and quiescent stellate cells are recruited and activated to become CAFs by growth factors, cytokines and chemokines such as TGF-β, PDGF, IL-1, CXCL12, CXCL16, CCL2, and CCL5 [285, 336]. Evidence suggests that adipocytes, pericytes and smooth muscle cells can also be transformed into CAFs [37, 41, 42]. Abbreviations: CAFs, cancer-associated fibroblasts; TGF-β, transforming growth factor-β; FGF, fibroblast growth factor; PDGF, platelet-derived growth factor; IL, interleukin; NFs, normal fibroblasts; ROS, reactive oxygen species; ECM, extracellular matrix; EndoMT, endothelial-to-mesenchymal transition; EMT, epithelial-to-mesenchymal transition; BM-MSCs, Bone marrow-derived mesenchymal stem cells; CXCL, C-X-C chemokine ligand; CCL, C-C motif chemokine ligand.

of MSCs into CAFs [31], and a TGF-β inhibitor has been shown to inhibit the tumor-promoting effect of BM-MSCs and CAF marker expression [32]. The original sources of CAFs also include a series of mature and differentiated cells. Epithelial cells transdifferentiate into CAFs through the EMT [33, 34], while endothelial cells transdifferentiate via the endothelial-to-mesenchymal transition [35, 36]. Other evidence suggests that adipocytes [37–39], pericytes [40, 41] and smooth muscle cells [42] can also be transformed into CAFs. However, due to the common pedigree of certain cell types and few specific markers, the exact origins of CAFs have not been fully clarified [7]. Although the application of genetic lineage traces [43], fluorescence tags [44] and other technologies has made the study of the transformation of cell phenotypes and types more convenient and the results more credible, the exact biological sources of CAFs still needs to be vigorously explored.

2.3 Heterogeneity and subpopulations of CAFs

CAF heterogeneity is characterized by significant differences in phenotype and function (Figure 2) related to the
tumor type, tumor stage, and other properties [45, 46]. The numerous potential origins of CAFs may partially explain their heterogeneity. In addition, the plasticity of CAFs and the activation of different signaling pathways lead to the transformation of CAF phenotypes and functions, which may be another important reason for CAF heterogeneity [47]. Although CAF plasticity is not fully investigated, some studies have confirmed that CAFs can undergo phenotypic and functional alterations [48]. For example, while performing a whole transcriptome analysis, Elwakeel et al. [49] conducted a dynamic analysis of CAF subpopulations from early to late stages of breast cancer. They found that the CAF transcriptome and phenotype changed during cancer initiation and progression. The heterogeneity of CAFs indicates that the CAF population is composed of various cellular subsets with distinct phenotypes and functions. Distinguishing and defining these subpopulations will help us to further understand CAFs [50].

Pancreatic cancer is known for its abundant stromal components; therefore, researchers prefer to explore the heterogeneity of CAFs in pancreatic cancer. In 2017, Öhlund et al. [4] defined two CAF subpopulations, myCAFs and iCAFs, in pancreatic cancer. MyCAFs, which resided closer to cancer cells, had an α-SMA+ phenotype
and synthesized matrix components, while iCAFs, which resided farther from the tumor core, had a secretory phenotype and secreted a series of tumor-promoting cytokines and chemokines [4]. In 2019, this same team revealed that myCAFs and iCAFs were interchangeable under certain circumstances [48]. Through single-cell RNA sequencing, this team confirmed the existence of myCAFs and iCAFs [51]. In addition, a class of CAF subsets expressing major histocompatibility complex class II (MHC-II) and CD74 and activating CD4+ T cells in an antigen-specific manner were identified and named “antigen-presenting CAFs” (apCAFs) [51]. Huang et al. [52] further confirmed that apCAFs directly ligated and induced the differentiation of naive CD4+ T cells into regulatory T cells (Tregs) in an antigen-specific manner. The discovery of apCAFs suggests that the immunomodulatory effect of CAFs may be mediated by specific subgroups.

CAF subpopulations have been studied most frequently in breast cancer. In estrogen receptor-positive (ER+) breast cancer, CD146+ CAFs helped to maintain ER expression and hormone-dependent cell proliferation, while CD146- CAFs exerted the opposite effects [53]. As a result of this distinction, differences were observed in the sensitivity of ER+ breast cancer to tamoxifen therapy. Similar to a study of pancreatic cancer [51], a study of breast cancer also identified myCAFs, iCAFs, and apCAFs that expressed MHC-II [54]. Costa et al. [55] grouped CAFs into four subgroups, in which CAF-subset 1 (CAF-S1)-overexpressing FAP promoted the immunosuppressive environment through multistep mechanisms. The team further typed CAF-S1 using single-cell RNA sequencing to better understand the effect of CAF-S1 on immunotherapy response [56]. In these CAF groups, myofibroblasts in clusters 0 and 3, characterized by ECM proteins and TGF-β signaling, respectively, showed primary resistance to immunotherapy. Mechanistically, myCAFs in cluster 0 induced increased expression of programmed cell death-1 (PD-1) and cytotoxic T-lymphocyte-associated protein 4 (CTLA4) in Tregs and increased the proportion of TGF-β-myCAFs in cluster 3 [56]. This positive feedback loop eventually led to the formation of an immunosuppressive environment.

According to the phenotypic, functional and spatial heterogeneity of CAFs, the precise targeting of subpopulations that exert a major effect on accelerating cancer progression may be a potentially effective and promising approach for targeted cancer therapy. Moreover, different CAF subsets express distinct markers and exhibit different signaling pathway activation states, which contribute to the development of specific drugs and the effective use of precision therapy.

### 3 | SIGNIFICANCE OF TFS IN CAFS

#### 3.1 | HIF

HIF is a heterodimeric TF that leads to increased glycolysis and decreased mitochondrial function, reducing oxygen consumption and ultimately enabling the cell to adapt to a hypoxic microenvironment [57, 58]. Many studies have shown that HIF plays an important role in CAF metabolic reprogramming and mediates the protumorigenic effect of CAFs (Figure 3A).

CAFs show enhanced glycolysis compared with NFs, and cancer cells can meet their metabolic needs by ingesting and processing metabolites secreted by CAFs. Becker et al. [59] found that in breast cancer, hypoxia induced epigenetic reprogramming of HIF-1α and related glycolytic enzymes, maintaining the metabolic reprogramming phenotype of CAFs. HIF-1α promoted glycolysis by enhancing glucose uptake, increasing the expression of glycolytic enzymes, and upregulating NDUF4 mitochondrial complex-associated like 2 to inhibit oxidative phosphorylation [60]. In addition to providing metabolic fuel for cancer cells, activated HIF-1α in CAFs might utilize reactive oxygen species (ROSs) to promote the migration and invasion of prostate cancer cells [61]. A recent study revealed that stromal HIF-1α also affected cancer progression in a hypoxia-independent manner [62]. The deletion of HIF-1α in myeloid cells reduced the expression of fibroblast-activating factors in tumor-associated macrophages, decreasing the abundance of CAFs and suppressing tumor formation [62].

Interestingly, some recent studies have revealed the regulatory effect of stromal HIF on cancer immunity. In cutaneous squamous cell carcinoma, IL-17-induced HIF-1α transcriptional activation in CAFs driven collagen deposition resistance to anti-programmed death ligand-1 (PD-L1) therapy [63]. In pancreatic cancer, the deletion of CAFs-HIF-2α, but not HIF-1α, moderately reduced tumor fibrosis and significantly reduced intratumoral recruitment of immunosuppressive M2 macrophages and Tregs, thereby improving the tumor response to immunotherapy [64].

#### 3.2 | HSFs

HSFs constitute an evolutionarily conserved family of DNA-binding proteins that regulate gene expression at the transcriptional level to maintain protein stability and reduce cell stress [65, 66]. Various cancers show upregulated levels of activated HSF1, which enables cancer cells to counter imbalances in protein and stress levels in the TME caused by rapid proliferation [67]. However, stud-
FIGURE 3  HIF, HSF1, P53, and the EMT-related TFs Snail, Twist and ZEB in CAFs. (A) HIF in CAFs is activated by the TGF-β or PDGF-mediated IDH3α/α-KG axis [60], MAOA/mTOR axis [61] and LPA [337]. Activated HIF increases the expression of key metabolic enzymes, such as PKM2, LDHA, and HK2 [59], at the transcriptional level to mediate the metabolic reprogramming of CAFs, thus providing the metabolites required for fast-growing cancer cells and secreting ROS to promote cancer cell migration and invasion [61]. In addition, VEGF is a downstream target of HIF, suggesting that HIF is a key TF regulating tumor angiogenesis. (B) HSF1 activation in CAFs exerts paracrine effects through TGF-β, SDF1, INHBA and THBS2 and activates related signaling pathways in cancer cells, thus promoting cancer progression [68,338]. In addition, DKK3, an HSF1 effector, enhances canonical Wnt signaling, resulting in a decrease in YAP/TAZ degradation to subsequently increase ECM remodeling and promote cancer cell growth and invasion [70]. (C) P53 in CAFs are activated by the activin A/mDia2 axis, MDM2 inhibitor Nutlin-3a, cancer cell-derived miRNAs, and so on [77,339]. Activated P53 suppresses the production of a series of growth factors, cytokines and chemokines, resulting in a decrease in the expression of CAF markers and hindering CAF formation. TSPAN12 is highly expressed after P53 activation, and it activates β-catenin signaling in cancer cells and leads to the secretion of CXCL6, thus promoting tumor invasion [74]. (D) Snail in CAFs is activated by the TGF-β1/USP27X axis [87], PDGF [86] or ECM stiffness-mediated FAK/ERK2 axis [85]. Activated Snail feedback regulates ECM stiffness through the RhoA/α-SMA axis, thus promoting cancer progression [84]. Additionally, Snail+ CAFs can promote the chemoresistance of cancer cells to 5-fluorouracil and paclitaxel by secreting CCL1 [88]. Twist and ZEB in CAFs are activated under specific conditions and contribute to the regulation of malignant tumor growth and invasion.
ies have found that stromal HSF1 plays a broader role in tumor biology, in addition to responding to the aforementioned series of stresses (Figure 3B). Scherz-Shouval et al. [68] revealed that HSF1 activation in CAFs drove a transcriptional program that promoted malignant phenotypes in cancer cells and a transcriptional process within CAFs that supported malignant cells in mediating cancer progression. In this process, the two central signaling pathways regulated by HSF1, TGF-β and SDF1, were crucial. In addition, Scherz-Shouval et al. [68] revealed that the high HSF1 activity in CAFs was associated with a poor prognosis for patients with early-stage breast or lung cancer. A recent study of oral squamous cell carcinoma (OSCC) confirmed the prognostic role of HSF1 overexpression in CAFs and revealed a series of tumor-promoting functions mediated by HSF1, such as the induction of the EMT and promotion of cell proliferation, migration and invasion [69]. Dickkopf-3 (DKK3) is an HSF1 effector that maintains the protumorigenic activity of CAFs through interactions with components of typical signaling pathways. In one mechanistic example, HSF1-dependent DKK3 upregulation enhanced canonical Wnt signaling, resulting in a decrease in Yes-associated protein (YAP)/transcriptional coactivator with PDZ-binding motif (TAZ) degradation and subsequently promoting ECM remodeling and cancer cell growth and invasion [70]. However, the specific mechanisms underlying HSF1 upregulation in CAFs require further study.

### 3.3 P53

P53 is a TF that is activated by a series of stresses and promotes cell cycle arrest, apoptosis and senescence, thus exerting an antiproliferative effect [71, 72]. P53 is a powerful tumor suppressor, but p53 is also the most frequently mutated gene in cancers. Unsurprisingly, P53 is crucial for the formation and functional maintenance of CAFs (Figure 3C).

Specifically, functional deletion of P53 promotes CAF activation. In prostate cancer, the P53 mutant P53-N236S significantly increased collagen contraction in fibroblasts by activating STAT3 and led to the overexpression of CAF-related markers such as α-SMA [73]. Otomo et al. [74] observed a similar relationship between P53 and α-SMA; that is, when P53 was knocked down in lung fibroblasts, the expression of α-SMA increased accordingly. In colorectal cancer (CRC), ROSs produced from P53-deficient cancer cells induced vascular endothelial growth factor (VEGF) secretion by fibroblasts to regulate angiogenesis and ultimately promote tumor growth [75]. In contrast, a study of pancreatic cancer showed that the activation of P53 induced a series of transcriptional changes that reprogram activated PSCs, driving them into a static state, thereby reducing stromal fibrosis [76]. Exosomal microRNAs (miRNAs) derived from cancer cells can contribute to CAF activation by modulating P53 expression; for example, exosomal miR-375 from Merkel cell carcinoma cells [77] and exosomal miR-1249-5p, miR-6737-5p and miR-6819-5p from CRC cells exerted this effect [78]. These findings indicate that P53 in CAFs can be regulated by cancer cells, which has been confirmed by many studies [79]. Generally, P53 in CAFs alters transcriptional processes to modulate a series of effects, such as promoting cell migration and invasion [80]. However, a recent study in pancreatic cancer revealed that P53 induced α-SMA expression through ROS production without functioning as a TF [81]. Therefore, the powerful functions and extensive action mechanisms of P53 in CAFs need to be further explored.

### 3.4 Snail, Twist and ZEB

The TFs Snail, Twist and ZEB promote the EMT by directly repressing E-cadherin expression; therefore, these TFs are also known as EMT-related TFs and are markers for EMT detection [82, 83]. In addition to modulating the EMT, Snail and Twist have been shown to be indispensable in the formation and activation of CAFs, thus promoting tumor development through a wide range of mechanisms (Figure 3D).

Induction by TGF-β is pivotal for CAFs to activate and obtain the myofibroblast phenotype, and CAFs in which Snail has been deleted lack responsiveness to TGF-β biological behaviors, such as proliferation, invasion, and EMT. Abbreviations: HIF, hypoxia-inducible factor; HSF1, heat shock transcription factor 1; EMT, epithelial-to-mesenchymal transition; TFs, transcription factors; ZEB, Zinc finger E-box binding homeobox; CAFs, cancer-associated fibroblasts; TGF-β, transforming growth factor-β; PDGF, platelet-derived growth factor; IDH3, isocitrate dehydrogenase 3α; α-KG, α-ketoglutarate; MAOA, monamine oxidase A; mTOR, mammalian target of rapamycin; LPA, lysophosphatidic acid; PKM2, pyruvate kinase M2; LDHA, lactate dehydrogenase A; HK2, hexokinase 2; ROS, reactive oxygen species; VEGF, vascular endothelial growth factor; SDF1, stromal-derived factor 1; INHBA, inhibin subunit beta A; THBS2, thrombospondin-2; DKK3, Dickkopf-3; YAP, Yes-associated protein; TAZ, transcriptional coactivator with PDZ-binding motif; ECM, extracellular matrix; TSPAN12, Tetraspanin 12; CXCL, C-X-C chemokine ligand; USP27X, ubiquitin specific peptidase 27 X-linked; ERK, extracellular signal regulated kinase; RhoA, Ras homolog family member A; α-SMA, α-smooth muscle actin; CCL, C-C motif chemokine ligand; IL, interleukin; FGF, fibroblast growth factor; IGf, insulin growth factor; STAT, signal transducer and activator of transcription; HGF, hepatocyte growth factor.
Through the Snail/Ras homolog family member A (RhoA)/α-SMA axis, CAFs expressing Snail1 modulated ECM remodeling, increased ECM hardness and promoted anisotropic fiber orientation to create a TME that supported the directional migration and invasion of cancer cells [84]. In addition, ECM stiffness increased the activity of Rho-associated coiled-coil containing protein kinase and indirectly stabilized the Snail1 protein by increasing intracellular tension, integrin aggregation and extracellular signal regulated kinase (ERK) 2 signal transduction [85]. CAFs may be activated continuously by the stably expressed Snail1 protein, maintaining cancer fibrosis and promoting tumor metastasis. Through their ECM remodeling ability, CAFs expressing Snail1 also facilitated tumor angiogenesis in conjunction with PDGFR signaling [86]. In summary, it is obvious that CAFs expressing Snail1 play important roles in the migration and invasion of cancer cells. Interestingly, because of ubiquitin specific peptidase 27 X-linked (USP27X) deubiquitination, Snail1 was more stable in CAFs and cancer cells than in normal epithelial cells [87]. The abrogation of USP27X repressed Snail1-dependent CAF activation, reduced cancer metastasis and promoted cellular sensitivity to cisplatin. Li et al. [88] also revealed the role of fibroblasts overexpressing Snail in inducing chemoresistance. In CRC, Snail overexpression induced 3T3 fibroblasts to differentiate into CAFs and reduced tumor sensitivity to 5-fluorouracil or paclitaxel, which may have been caused by CAF-derived C-C motif chemokine ligand (CCL) 1-induced activation of the TGF-β/NF-κB pathway [88].

Twist also activates CAFs and remodels the ECM. NFs stably transfected with Twist1 acquired the characteristics of activated CAFs and increased ECM stiffness. Palladin and collagen α1 were two main mediators of the effect of Twist1 on CAFs: the effect of palladin was closely related to the biomechanical properties and polarity of CAFs, whereas collagen α1 contributed to enhanced migration and invasion [89]. Another study reported that the presence of IL-6 induced the expression of Twist1 in NFs and drove their transdifferentiation into CAFs by activating STAT3, while C-X-C chemokine ligand (CXCL) 12 might be a downstream target of Twist1 [90]. In contrast, in esophageal cancer cells, CXCL12/C-X-C chemokine receptor (CXCR) 4 signaling promoted the EMT process through the ERK/AKT-Twist-matrix metalloproteinase (MMP) 1/E-cadherin axis [91]. Some crosstalk between cancer cells and CAFs in which Twist1 functions may exist.

In contrast to Snail and Twist, ZEB may or may not play a unique role in CAF activation. Chang et al. [92] showed that in the presence of arecoline, the binding between ZEB1 and the α-SMA promoter increased, which induced myofibroblast transdifferentiation of buccal mucosal fibroblasts. Lobe et al. [93] reported that in vitro, conditioned media from ZEB1-overexpressing cholangiocarcinoma cells induced myofibroblast proliferation; in vivo, ZEB1-overexpressing tumor cells formed larger tumors with more abundant stroma. However, the importance and universality of ZEB in CAF activation and maintenance remain to be further explored.

4 | SIGNIFICANCE OF SIGNALING PATHWAYS IN CAFS

4.1 | Growth factor-related signaling pathways

4.1.1 | TGF-β

The mature TGF-β protein is secreted as a latent complex with two copies of latency-associated polypeptide, which prevents TGF-β from binding to its receptors [94]. The secretion and deposition of TGF-β from the latent complex is triggered by an activation mechanism that locally releases activated TGF-β [95]. After activation, TGF-β forms a tetramer by interacting with two types of transmembrane kinases (TβRI and TβRII), which phosphorylate serine, threonine and tyrosine residues [96]. In the canonical TGF-β/Sma-and Mad-related protein (SMAD) signaling pathway, TβRII kinase induces the phosphorylation of SMAD2 and 3, while the bone morphogenetic protein (BMP) receptor mediates the phosphorylation of a distinct set of receptor SMADs (R-SMADs), namely, SMAD1, 5 and 8 [97]. The common SMAD (Co-SMAD), namely, SMAD4, binds to phosphorylated R-SMADs to form heteromeric complexes, which are translocated into the nucleus and interact with TFs and co-regulators to control the expression of target genes [98, 99]. Another group of SMADs, inhibitory SMADs (I-SMADs), include SMAD6 and 7. I-SMADs antagonize signal transduction through a variety of mechanisms [100, 101]. In addition to canonical SMAD signaling, TGF-β activates non-SMAD signaling pathways, including the PI3K/AKT, ERK and p38/MAPK pathways [102].

TGF-β plays a vital role in CAF activation and formation and contributes to the maintenance of CAF morphological characteristics and functional phenotypes [103, 104]. In recent years, work has been devoted to elucidating the mechanism by which TGF-β promotes CAF formation, and a series of interesting results have been presented (Figure 4). During cancer progression, tissue-resident NFs are gradually transformed into CAFs, and the activation of autocrine signaling pathways mediated by TGF-β and SDF1 is initiated, which promotes CAF formation via self-stimulation and cross-communication [104]. In studies of upstream signaling, the increase in ROS levels induced
FIGURE 4  The TGF-β signaling pathway is involved in the crosstalk between CAFs and cancer cells. TGF-β signals are transduced in CAFs through canonical and non-canonical pathways; the former is a SMAD-dependent pathway mediated by TGF-β receptors or BMP receptors, while the latter does not require the participation of SMADs. Numerous factors are involved in the activation of TGF-β signaling in CAFs, including paracrine signaling by the TGF-β protein in the TME, hypoxic conditions, tumor-derived exosomes or non-coding RNAs, increased ROS levels induced by long-term fractionated radiation, and the dysregulation of molecules such as DIAPH1 and LXRα [104–107]. Activated TGF-β signaling in CAFs exerts corresponding biological effects by directly or indirectly modulating the expression of target molecules. For example, TGF-β signaling upregulates the expression of CAF markers such as α-SMA and FAP, promoting the activation of CAFs; alters the secretion of proinflammatory factors, driving the acquisition of cell chemoresistance; and modulates a series of other target proteins, mediating ECM remodeling and immunomodulation. Ultimately, TGF-β signaling in CAFs regulates cancer progression.

Furthermore, activated CAFs are among the most important sources of the TGF-β protein in the TME, and TGF-β derived from CAFs exerts a pivotal function in initiating TGF-β signal transduction in cancer cells, which contributes to cancer cell proliferation, stemness maintenance, migration, invasion, tumor angiogenesis, metastasis and the acquisition of chemoresistance. In addition, TGF-β-activated CAF-derived factors, including various cytokines, chemokines, and specific proteins, such as VCAN, regulate the signaling crosstalk between CAFs and cancer cells, making a significant contribution to cancer progression (Table 2).

TGF-β not only plays an important role in CAF formation but also affects a series of malignant biological behaviors of cancer cells, including proliferation, metabolism, invasion, metastasis, and stemness, by mediating the interplay between CAFs and cancer cells (Figure 4). In stromal pancreatic cancer, the catabolism induced by the metabolic reprogramming of CAFs and pancreatic cancer cells significantly depended on branched chain α-ketoacid (BCKA) [114]. The internalization of ECM components caused by the TGF-β/SMAD5 axis targeting of branched chain amino acid transaminase 1 in CAFs provided the amino acid precursors in CAFs that enable the secretion of BCKA, which exacerbated the cellular demand for BCKA production [114]. In lung cancer, the co-culture of cancer cells and CAFs induced metabolic reprogramming, in
Table 2: ncRNAs involved in signaling crosstalk between CAFs and cancer cells

<table>
<thead>
<tr>
<th>ncRNA</th>
<th>Expression level</th>
<th>Cancer type</th>
<th>Biological effects</th>
<th>Signaling cascades</th>
<th>Ref</th>
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</thead>
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<tr>
<td><strong>The TGF-β signaling pathway</strong></td>
<td></td>
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<tr>
<td>miR-17-5p</td>
<td>Upregulated</td>
<td>Colorectal cancer</td>
<td>Metastasis</td>
<td>miR-17-5p/RUNX3/Myc/TGF-β</td>
<td>[109]</td>
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<tr>
<td>miR-141</td>
<td>Downregulated</td>
<td>Breast cancer</td>
<td>Proliferation</td>
<td>TGF-β/DTNMT3B/miR-141/TGF12/CXCL12/c-Myc/Cyclin D1</td>
<td>[360]</td>
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<td>miR-182-5p</td>
<td>Upregulated</td>
<td>Breast cancer</td>
<td>Metastasis</td>
<td>TGF-β/miR-182-5p/FOXF2</td>
<td>[361]</td>
</tr>
<tr>
<td>miR-192/215</td>
<td>Upregulated</td>
<td>Head and neck cancer</td>
<td>Metabolism reprogramming</td>
<td>miR-192/215/Caveolin-1/TGF-β/SMAD</td>
<td>[107]</td>
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<tr>
<td>miR-423-5p</td>
<td>Upregulated</td>
<td>Prostate cancer</td>
<td>Chemoresistance</td>
<td>miR-423-5p/TGF-β/Gremlin 2</td>
<td>[362]</td>
</tr>
<tr>
<td>lncRNA CASC9</td>
<td>Upregulated</td>
<td>Cervical cancer</td>
<td>Metastasis and proliferation</td>
<td>TGF-β/CASC9/miR-215/Twist2</td>
<td>[363]</td>
</tr>
<tr>
<td><strong>The Hedgehog signaling pathway</strong></td>
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<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>miR-10a-5p</td>
<td>Upregulated</td>
<td>Cervical cancer</td>
<td>Angiogenesis</td>
<td>miR-10a-5p/TBX5/Hedgehog</td>
<td>[364]</td>
</tr>
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<td>miR-200</td>
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<td>Metastasis</td>
<td>N/A</td>
<td>[204]</td>
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<td>miR-221</td>
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<td>Breast cancer</td>
<td>Metastasis and hormone therapy resistance</td>
<td>N/A</td>
<td>[211]</td>
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<td><strong>The Wnt signaling pathway</strong></td>
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<td>miR-34a-5p</td>
<td>Downregulated</td>
<td>Oral cancer</td>
<td>EMT, proliferation and metastasis</td>
<td>miR-34a-5p/AXL/β-catenin/Snail</td>
<td>[365]</td>
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<td>miR-92a-3p</td>
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<td>Colorectal cancer</td>
<td>Stemness, EMT, metastasis and chemoresistance</td>
<td>miR-92a-3p/Wnt/β-catenin/FBXW7 &amp; MOAP</td>
<td>[366]</td>
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<td>miR-146a</td>
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<td>miR-146a/TXNIP/Wnt</td>
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<td>Proliferation, metastasis and chemoresistance</td>
<td>miR-148b-3p/Wnt/β-catenin/PTEN</td>
<td>[368]</td>
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<td>lncRNA CCAL</td>
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<td>Colorectal cancer</td>
<td>Chemoresistance</td>
<td>CCAL/HuR/β-catenin</td>
<td>[369]</td>
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<tr>
<td>lncRNA H19</td>
<td>Upregulated</td>
<td>Colorectal cancer</td>
<td>Stemness and chemoresistance</td>
<td>H19/miR-141/β-catenin</td>
<td>[370]</td>
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<td><strong>The Hippo signaling pathway</strong></td>
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<tr>
<td>miR-92</td>
<td>Upregulated</td>
<td>Breast cancer</td>
<td>Proliferation, migration and immune suppression</td>
<td>miR-92/LATS2/YAP1</td>
<td>[371]</td>
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<td><strong>The NF-κB signaling pathway</strong></td>
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<tr>
<td>miR-200b,c</td>
<td>Downregulated</td>
<td>Breast cancer</td>
<td>Proliferation, EMT and invasion</td>
<td>miR-200b,c/IKK2/NF-κB/PAI-1</td>
<td>[246]</td>
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<tr>
<td>miR-370-3p</td>
<td>Upregulated</td>
<td>Breast cancer</td>
<td>Stemness, migration, invasion and EMT</td>
<td>miR-370-3p/CYLD/NF-κB</td>
<td>[372]</td>
</tr>
<tr>
<td>miR-630</td>
<td>Upregulated</td>
<td>Ovarian cancer</td>
<td>Invasion and metastasis</td>
<td>miR-630/KLF6/NF-κB</td>
<td>[373]</td>
</tr>
<tr>
<td>miR-1247-3p</td>
<td>Upregulated</td>
<td>Hepatocellular carcinoma</td>
<td>Metastasis</td>
<td>miR-1247-3p/B4GALT3/integrin β1/NF-κB</td>
<td>[249]</td>
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<tr>
<td>miR-6780b</td>
<td>Upregulated</td>
<td>Ovarian cancer</td>
<td>Invasion and metastasis</td>
<td>NF-κB/miR-6780b/Dicer</td>
<td>[374]</td>
</tr>
<tr>
<td>lncRNA TIRY</td>
<td>Upregulated</td>
<td>Oral cancer</td>
<td>Proliferation, invasion and metastasis</td>
<td>TIRY/miR-14/Wnt/β-catenin</td>
<td>[375]</td>
</tr>
<tr>
<td>lncRNA TLR8-AS1</td>
<td>Upregulated</td>
<td>Ovarian cancer</td>
<td>Metastasis and chemoresistance</td>
<td>TLR8-AS1/TLR8/NF-κB</td>
<td>[376]</td>
</tr>
<tr>
<td><strong>The JAK/STAT signaling pathway</strong></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>miR-21</td>
<td>Upregulated</td>
<td>Hepatocellular carcinoma</td>
<td>CAFs formation</td>
<td>miR-21/PTEN/PDK1/AKT</td>
<td>[304]</td>
</tr>
<tr>
<td>miR-155</td>
<td>Upregulated</td>
<td>Melanoma</td>
<td>Angiogenesis</td>
<td>miR-155/SOCS1/JAK2/STAT3</td>
<td>[377]</td>
</tr>
</tbody>
</table>

(Continues)
which the glycolytic ability of CAFs was increased and the mitochondrial function of cancer cells was enhanced, and these changes were closely related to changes in TGF-β signaling transduction and ROS levels [115]. In ovarian cancer, TGF-β upregulated versican expression in CAFs, which activated NF-κB and accelerated the motility and invasion of cancer cells [116]. Yang et al. [117] showed that in hepato-cellular carcinoma (HCC), CAFs promoted the formation of vascular mimicry, which was significantly weakened when TGF-β or SDF1 signals were abolished. In gastric cancer, more studies have reported the effect of TGF-β on cancer stemness. According to a recent study, Helicobacter pylori-activated fibroblasts drove gastric epithelial cells into the differentiation process related to cancer stem cells (CSCs) in a manner partially dependent on TGF-β signaling, thus promoting tumorigenesis [118]. Co-culture of gastric cancer cells with CAFs significantly increased the number of spheroid colonies and the expression of CSC markers, and the use of TGF-β inhibitors reduced these effects, further revealing the role of TGF-β signaling in the formation and maintenance of stemness mediated by CAFs [119]. Most of the previous evidence showed the tumor-promoting effect of excessive activation of TGF-β signaling in CAFs. However, impaired TGF-β signaling in CAFs has recently been shown to be a possibly important cause of tumor invasion and metastasis, especially in breast cancer and colon cancer. Cancer cells expressing E-cadherin, MCF-7 (a breast cancer cell line) and DLD-1 (a colon cancer cell line) invaded upon integrin α5β1 adhesion to fibronectin fibrils on CAFs, and TGF-β inhibitors promoted this process by stimulating CAF outgrowth [120]. In breast cancer, TGF-β signaling in fibroblasts was downregulated by adenosine, which accelerated tumor progression and metastasis via ECM remodeling [121]. In CRC, CAFs secreted collagen and calcium-binding EGF domain 1 (CCBE1) to promote lymphangiogenesis and VEGF-C maturation in cancer cells thus contributing to tumor metastasis, while TGF-β inhibited CCBE1 transcription [122].

Importantly, TGF-β signaling in CAFs is also involved in the acquisition of resistance to cancer therapy, including changes in sensitivity to chemotherapeutics, molecular targeting, and immunotherapeutic drugs. These effects have most widely been reported on lung cancer.

### Table 2 (Continued)

<table>
<thead>
<tr>
<th>ncRNA</th>
<th>Expression level</th>
<th>Cancer type</th>
<th>Biological effects</th>
<th>Signaling cascades</th>
<th>Ref</th>
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</thead>
<tbody>
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<td>miR-210</td>
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<td>Lung cancer</td>
<td>Angiogenesis</td>
<td>N/A</td>
<td>[276]</td>
</tr>
<tr>
<td>lncRNA NEAT1</td>
<td>Upregulated</td>
<td>Endometrial cancer</td>
<td>Proliferation and metastasis</td>
<td>NEAT1/miR-26a/b-5p/STAT3/YKL-40</td>
<td>[378]</td>
</tr>
<tr>
<td>circ_0088300</td>
<td>Upregulated</td>
<td>Gastric cancer</td>
<td>Proliferation, migration and invasion</td>
<td>circ_0088300/miR-1305/JAK/STAT</td>
<td>[379]</td>
</tr>
</tbody>
</table>

**The PI3K/AKT signaling pathway**

| miR-210      | Upregulated      | Hepatocellular carcinoma | CAFs formation                                      | N/A                                              | [304]  |
| miR-210      | Upregulated      | Lung cancer              | EMT, migration and invasion                         | miR-210/UPF1/PTEN/PI3K/AKT                        | [380]  |
| miR-590-3p   | Upregulated      | Colorectal cancer        | Radioresistance                                      | miR-590-3p/CLCA4/PI3K/AKT                        | [381]  |
| lncRNA MALAT1| Upregulated      | Gastric cancer           | CAFs formation                                      | MALAT1/ELAVL1/PTEN/AKT/mTOR                       | [382]  |

**The MAPK signaling pathway**

| miR-146a-5p  | Downregulated    | Prostate cancer          | EMT and metastasis                                  | N/A                                              | [383]  |
| miR-211      | Upregulated      | Melanoma                | Proliferation and migration                         | miR-211/IGF2R/MAPK                               | [384]  |
| miR-320a     | Downregulated    | Hepatocellular carcinoma| EMT, proliferation and metastasis                   | miR-320a/PBX3/MAPK                               |        |
| miR-369      | Upregulated      | Lung cancer             | Migration and invasion                              | miR-369/NFI/MAPK                                 | [385]  |

Abbreviations: CAFs, cancer-associated fibroblasts; ncRNAs, non-coding RNAs; TGF-β, transforming growth factor-β; DNMT3B, DNA methyltransferase 3β; TCF21, transcription factor 12; CXCL, C-X-C chemokine ligand; FOXF2, Forkhead box F2; SMAD, Sma-and Mad-related protein; CASC9, cancer susceptibility 9; TBR5, T-box transcription factor 5; EMT, epithelial-to-mesenchymal transition; FBXW7, F-box and WD repeat domain containing 7; MOAP1, modulator of apoptosis 1; TXNIP, Thioredoxin interacting protein; PTEN, phosphatase and tensin homolog; LATS2, large tumor suppressor kinase 2; YAP, Yes-associated protein 1; NF-κB, nuclear factor kappa-B; ILKβ, IκB kinase complex β; PAI-1, plasminogen activator inhibitor type 1; B4GALT3, beta-1,4-galactosyltransferase 3; TLK, Toll like receptor 8; JAK, Janus kinase; STAT, signal transducer and activator of transcription; PDK1, pyruvate dehydrogenase kinase 1; SOCS1, suppressor of cytokine signaling 1; PI3K, phosphoinositide 3-kinase; CLCA4, chloride channel accessory 4; ELAVL1, ELAV like RNA binding protein 1; MAPK, mitogen-activated protein kinase; IGF2R, Insulin like growth factor 2 receptor; NFI, Neurofibromin 1; N/A, not applicable.
non-small cell lung cancer, treatment with nintedanib significantly repressed adenocarcinoma fibrosis and the tumor-promoting effect, but no obvious clinical benefit of nintedanib was observed in squamous cell carcinoma [123]. Further studies revealed that this difference in responsiveness was mediated by differential SMAD3 promoter methylation in CAFs [123]. Li et al. [124] observed that in lung cancer and esophageal cancer, the upregulation of laminin gamma 2 (Ln-γ2) indicated weakened efficacy of the anti-PD-1 antibody, which blocked T cell infiltration by changing the expression of T cell receptors. TGF-β derived from CAFs activated Ln-γ2 through a transcriptional mechanism, and the combination of the TGF-β receptor inhibitor galunisertib and chemotherapeutic drugs enhanced the antitumor activity of anti-PD-1 therapy [124]. In addition to lung cancer, a pancancer analysis of ECM gene disorders led to the identification of a group of specific ECM genes, named cancer-associated ECM (C-ECM) genes, that are upregulated in cancers, and disruption of the transcriptional program of these genes is associated with TGF-β signal transduction in CAFs and immunosuppression in other immunoactive cancers, suggesting that C-ECM genes might predict PD-1-blocking failure [125]. A recent study found that TGF-β suppression induced the remodeling of CAF dynamics and the formation of a new fibroblast population, accompanied by enhanced immune regulation and responsiveness to interferon, which was related to more efficacious PD-1 immunotherapy [126]. In head and neck cancer, a study found that TGF-β signaling was activated in cetuximab-treated CAFs, limiting the efficacy of cetuximab in vitro and in vivo [127]. After blocking the TGF-β pathway with the SMAD3 inhibitor SIS3, the efficacy of cetuximab was rescued [127]. Bortezomib is an essential drug in multiple myeloma treatment. The presence of CAFs protected plasma cells from bortezomib-induced apoptosis, which was mediated by TGF-β [128].

TGF-β pathway inhibitors have consistently been shown to play a role in limiting cancer progression in most cases, and many attempts to treat cancers have been directed toward TGF-β pathway activity. In pancreatic cancer, after treatment with the experimental anticancer drug minnelide, TGF-β signaling in CAFs was dysregulated, which led to a significant reversal of the CAF activation state to a static non-proliferative state and ultimately resulted in tumor regression [129]. Pei et al. [130] proposed a sequential targeting strategy for the treatment of pancreatic cancer, which first targeted stromal TGF-β signaling, reversed CAF activation, and weakened the dense matrix barrier to facilitate subsequent drug delivery. Human relaxin-2 inhibited TGF-β-induced PSC differentiation by targeting pSMAD2, thus delaying tumor growth and metastasis [131]. Furthermore, treatment with relaxin-2 enhanced the effect of gemcitabine after subcutaneous co-injection (with Panc1 cells and PSCs) on tumor models [131]. In CRC, IL-1β/TGF-β1 activated CAF secretion of proinflammatory factors, which changed the chemosensitivity of cancer cells [132]. When neutralizing IL-1β antibodies were administered with TβRI inhibitors, the non-canonical TGF-β pathway mediated by TGF-β activated kinase 1 (TAK1) was activated, which continued to maintain the tumor-promoting effect of CAFs. When TAK1 and TβRI inhibitors were applied in combination, the activation of CAFs induced by IL-1β/TGF-β1 was blocked, and the chemosensitivity of cancer cells was rescued [132]. Leucine-rich repeat containing 15 (LRRC15) expression on the stromal fibroblasts of many solid tumors is induced by TGF-β and has been regarded as a promising target for anti-stromal therapy [133]. ABBV-085, a drug targeting LRRC15, is an antibody-drug conjugate containing monomethyl auristatin E (MMAE), and this conjugate kills cancer cells through MMAE action and increases immune infiltration in the TME [133]. By performing a single-cell transcriptome analysis, Dominguez et al. [134] clarified that LRRC15+ CAF subsets activated by TGF-β were associated with adverse reactions to anti-PD-L1 therapy, which further implied that LRRC15+ CAFs affected cancer immunity.

In summary, TGF-β signaling is an essential trigger of CAF activation and formation. TGF-β signaling in CAFs plays a key role in regulating the malignant biological behavior of cancer cells, thus affecting cancer progression. Furthermore, these effects are bidirectional, which seems to confirm the known dual role of TGF-β in cancers. Obviously, treatments correctly and efficiently targeting the TGF-β pathway in CAFs are promising cancer therapies, and increasing efforts are underway to achieve this goal.

4.1.2 | FGF

FGFs produce signals by binding to FGF receptors (FGFRs), which exert crucial functions in many diseases [135]. FGFRs are receptor tyrosine kinases (RTKs) that are composed of an extracellular ligand-binding domain and an intracellular tyrosine kinase domain [136]. In the presence of FGFs, FGFRs activate downstream signaling cascades, such as the PI3K/AKT and Ras/MAPK signaling pathways, to exert their biological effects [137]. Convincing evidence reveals that abnormal FGF signaling contributes to the pathogenesis of many malignancies, and CAFs have been found to be involved in these processes [138]. In gastric cancer, HtrA serine peptidase 1 increased FGF2 expression in cancer cells by activating NF-κB signaling, which induced the transformation of NFs to CAFs, and α-SMA was upregulated. However, Akatsu
et al. [139] showed that, on the one hand, FGF signaling suppressed the endothelial-to-myofibroblast transition induced by TGF-β, thus attenuating contractile myCAF formation; on the other hand, FGF signaling cooperated with TGF-β to facilitate CAF formation with migratory and proliferative properties. Bordignon et al. [140] also reported that the function of CAFs was regulated by both FGF and TGF-β signaling. The activation of FGF signaling mediated by CAFs promoted the proliferation, migration and invasion of cancer cells [141]. For example, in breast cancer, the activation of FGF2/FGFR1 signaling mediated by CAFs under the action of estrogen induced the expression of connective tissue growth factor, leading to the migration and invasion of cancer cells [142]. In addition, FGF signaling has also been reported to be involved in CAF-mediated cancer therapy resistance. In breast cancer, FGF5 secreted by CAFs activated FGFR2 in cancer cells, eventually resulting in drug resistance to targeted human epidermal growth factor receptor 2 (HER2) therapy through the activation of HER2 by c-Src [143]. Hormone therapy is an important method of breast cancer treatment; however, the signaling induced by FGF7/FGFR2 has been found to be the basis of CAF-dependent resistance to tamoxifen [144]. Interestingly, although FGF signaling can result in cancer treatment resistance, it has been shown to enhance the effect of oncolytic virus therapy [145]. CAFs produced FGF2 to initiate signaling cascades in cancer cells, and these cascades reduced the expression of retinoic acid-inducible gene I and hindered the ability of cancer cells to detect and respond to viruses, enhancing the efficiency of oncolytic viruses [145].

4.1.3 | HGF

Met signaling plays crucial roles in tumor survival, growth, angiogenesis and metastasis [146]. As the main cells secreting hepatocyte growth factor (HGF), a vital factor activating Met, CAFs make an important contribution to the activation of Met signaling in cancer cells [147, 148]. As shown by Zhang et al. [149], HGF expression in CAFs was 10-fold higher than that in NFs, and HGF upregulated CD44 expression through the HGF/Met signaling pathway to promote the adhesion of CRC cells to endothelial cells, thus facilitating tumor metastasis. Another study showed that CAF-derived HGF potentiated the proliferation, migration and invasion of gastric cancer cells by activating the HGF/Met/STAT3/Twist1 pathway [150]. In addition, the CAF-mediated HGF signaling pathway plays a major role in cancer treatment resistance. In HCC, HGF secreted by CAFs activated the Met and MEK/ERK1/2 pathways and elevated CD73 expression in cancer cells, inducing resistance to sorafenib and cisplatin [151]. In lung cancer, by secreting HGF and insulin-like growth factor-1 (IGF-1) to activate their corresponding receptors Met and IGF-1 receptor, CAFs increased the expression and phosphorylation of Annexin A2, which was a key molecule mediating CAF-induced EMT and gefitinib resistance [152]. Upon long-term treatment with tyrosine kinase inhibitors (TKIs), cancer cells addicted to epidermal growth factor receptor (EGFR) or Met activation showed a metabolic transition to increased glycolysis and lactate production [153]. These increased lactate levels triggered CAFs to secrete HGF, leading to Met-dependent signal transduction in cells that maintain their resistance to TKIs. Interestingly, in head and neck squamous cell carcinoma, HGF secreted by CAFs increased extracellular lactate levels in tumors by enhancing glycolysis [154].

4.1.4 | PDGF

The PDGF/PDGFR signaling pathway has a variety of functions, including modulating angiogenesis, promoting cancer cell autocrine growth, and regulating tumor stromal fibroblasts [155, 156]. The PDGF/PDGFR signaling pathway is an essential regulator of CAF formation and recruitment in the TME and is crucial in CAF-mediated ECM remodeling and tumor migration, invasion and metastasis [157, 158]. In breast cancer and CRC, blocking PDGFR significantly suppressed the recruitment of MSCs to tumor tissues and their transformation to CAFs, thus slowing cancer progression [159, 160]. In breast cancer, paracrine PDGF-CC signaling increased the expression of HGF, IGF binging protein 3 and Stanniocalcin 1 in CAFs, resulting in a malignant cell phenotype that lacked ERα and other luminal markers [161]. Targeting PDGF-CC could restore cellular sensitivity to hormone therapy in ERα-negative breast cancers. Cholangiocarcinoma cells have also been documented to stimulate fibroblast migration by secreting PDGF-DD to activate Rho GTPase and JNK signaling [162]. In cholangiocarcinoma, CAFs stimulated by PDGF-DD induced lymphatic endothelial cell recruitment and three-dimensional assembly, increased lymphatic endothelial cell permeability and ultimately accelerated the transendothelial migration of cancer cells [163]. Erdogan et al. [164] revealed that CAFs facilitated the directional migration of prostate and pancreatic cancer cells by rearranging the fibronectin matrix through contraction and traction forces mediated by non-muscle myosin II and PDGFα. Lung adenocarcinoma cells undergoing the EMT showed significantly increased levels of secreted PDGF-BB, which enhanced CAF-mediated ECM remodeling and promoted tumor invasion [165].
4.1.5 EGF

The EGF/EGFR signaling pathway has been widely studied in cancers. Recent studies have shown that CAFs are involved in regulating cancer progression mediated by the EGF/EGFR pathway [166]. In high-grade serous ovarian cancer, CAFs recruited ascitic cancer cells with high integrin α5 expression to form metastatic units and accelerate tumor metastasis by secreting EGF to maintain integrin α5 expression in ascitic cancer cells [167]. In head and neck cancer, pharmacological inhibition of EGFR reduced CAF-induced anchorage-independent growth and tumor spheroid formation, indicating that EGFR was important for the maintenance of the CSC phenotype [168]. In addition, Magan et al. [169] showed that upon coculture with CAFs, head and neck cancer cells showed increased proliferation, and increased EGFR expression and an enhanced therapeutic response to cetuximab were observed. However, another study of CRC revealed that after cetuximab treatment, CAFs increased EGF secretion and rendered neighboring cancer cells resistant to cetuximab through the continuous activation of MAPK signaling [170]. Clearly, the relationship between CAFs and cancer treatment responses is controversial, and further research is needed.

4.2 The Hedgehog signaling pathway

The Hh signaling pathway is evolutionarily conserved and is related to embryonic development, normal tissue repair, the EMT, stem cell maintenance, and other processes [171, 172]. The Hh signaling pathway is mainly composed of three secretory ligands (Shh, Indian hedgehog, and Desert hedgehog), the negative regulatory receptor Patched (PTCH), the positive regulatory receptor Smoothened (SMO), and the TF GLI [173]. In the presence of Hh ligands, PTCH relieves the inhibition of SMO, and activated SMO initiates a signaling cascade that results in the activation and nuclear localization of GLI [174]. Activation and nuclear localization of GLI drive the transcription and expression of Hh target genes, such as cyclin D, c-myc and BCL2 [175]. In addition to the canonical pathway that is mediated by the PTCH/SMO/GLI axis, non-canonical pathways affect GLI activity and play a role in the Hh signaling pathway through non-SMO-dependent pathways, such as the TGF-β signaling pathway and MAPK signaling pathway [176].

CAFs not only are potential sources of Hh ligands in the TME but also respond to Hh signaling through GLI1 activation. GLI1 resides only in the nucleus of CAFs but not in NFs, revealing the activation of Hh signaling in CAFs [177]. Interestingly, compared with that in iCAFs, Hh signaling was differentially enhanced in myCAFs. Blocking Hh signaling reduced the number of myCAFs and increased the number of iCAFs, which was related to a decrease in cytotoxic T cells and Treg expansion, revealing the ability of Hh signaling to regulate immune cell infiltration [178]. As an essential signaling pathway in stem cells, the Hh signaling pathway in CAFs makes a significant contribution to the regulation of CSCs, especially in breast cancer. In mouse models of triple-negative breast cancer (TNBC), Hh ligands produced by cancer cells reprogramed CAFs to provide a TME supportive of CSC acquisition, which produced factors that subsequently accelerate CSC expansion and self-renewal [180]. In addition to influencing CSCs, Hh signaling in CAFs affects the development of malignant biological behaviors. In gastric cancer, Galectin-1 upregulated GLI1 expression by binding to a carbohydrate structure in integrin β1, activating Hh signaling and inducing the EMT, migration and invasion of cancer cells [181]. Besides, the activation of Hh signaling increased Forkhead box F1 expression in CAFs, modulating the contractility of these fibroblasts and the production of HGF and FGF2 to stimulate lung cancer cell migration [182]. Studying cholangiocarcinoma, Razumilava et al. [183] reported the effect of non-canonical Hh signaling on tumor progression and metastasis. GLI needs to be located in cilia before it can be activated, but cilia are not formed by malignant cholangiocarcinoma cell lines. Genetic inhibition of Hh signaling in BDE (ΔLoop2) cells or pharmacological inhibition with vismodegib, a small-molecule antagonist of SMO, suppressed tumorigenesis and metastasis, indicating a new mechanism for mediating Hh signal transduction in cholangiocarcinoma [183].

As research on Hh signaling inhibitors is relatively mature, many researchers have focused on exploring the role of Hh signaling inhibitors in cancers to identify effective treatments. Compared with that in NFs, SMO expression is upregulated in CAFs. CAFs expressing SMO transduce Shh signals to activate GLI1, while siRNA-induced knockdown of SMO blocks the induction of GLI1 [184]. Therefore, SMO overexpression may be one of the mechanisms activating Hh signaling in CAFs. Shh could facilitate PSC proliferation and potentiate GLI1 expression, which was abrogated by the SMO inhibitor AZD8542 [185]. In pancreatic cancer, AZD8542 inhibited tumor growth only in the presence of PSCs, suggesting a matrix-dependent paracrine signaling mechanism, which was subsequently confirmed in prostate and colon cancer models [185]. A large amount of tumor stroma is produced in pancreatic cancer, and it hinders the delivery
of chemotherapeutic drugs, but the use of the Shh inhibitor cycloamine helps eliminates stroma-producing CAFs, thus contributing to the effective delivery of drugs [186]. A recent study revealed that a PTH-1-interacting peptide inhibited the production of ECM and TGF-β by CAFs and induced cancer cells to express human leukocyte antigen-ABC and lymphocytes to express interferon-γ, thereby inhibiting tumor fibrosis and enhancing immune cell infiltration [187]. In breast cancer, the use of the SMO inhibitor vismodegib improved the efficacy of Abraxane and Doxil [188]. Mechanistically, vismodegib therapy normalized the TME and improved vascular function by inhibiting CAF activation to reduce the levels of collagen and hyaluronan. However, blocking Hh signaling may not necessarily suppress cancer growth [189]. In pancreatic cancer, the loss of two Hh coreceptors, growth arrest specific 1 (GAS1) and brother of CDON (BOC), in fibroblasts reduced the reactivity of Hh but accelerated tumor growth in vivo because of an increase in tumor-associated vascularity [190]. In contrast, the loss of all three coreceptors, GAS1, BOC and cell adhesion associated, oncogene regulated (CDON), resulted in the inhibition of tumorigenesis and angiogenesis. In a Kras-mutated (G12D) mouse model, ablation of the SMO gene in CAFs led to pancreatic acinar-ductal metaplasia, which promoted the initiation of pancreatic cancer [191]. In recent years, studies have gradually revealed that, in contrast to the previously described tumor-promoting effect, the effect of Hh signaling on CAFs also has a tumor-suppressing function, which may explain the failure of Hh signaling inhibitors [192]. Rhim et al. [193] examined a pancreatic cancer mouse model in which Shh had been knocked out and observed a reduced number of α-SMA⁺ myofibroblasts, resulting in increased angiogenesis, cell proliferation and invasion and decreased tumor differentiation. In CRC, the activation of stromal-specific Hh signaling inhibited advanced cancer progression by regulating BMP signaling and suppressing the colonic stem cell signature [194]. Therefore, more in-depth studies are needed to determine methods to correctly adjust Hh signaling in CAFs and attenuate cancer progression.

### 4.3 The Notch signaling pathway

Notch signaling influences numerous cancer biological processes [195], and different cancers and cancer subtypes express different Notch receptors and ligands, which play different roles [196]. Therefore, Notch is considered both a cancer promoter and suppressor. The microenvironment determines whether Notch signaling promotes or suppresses cancer progression [197]. The Notch pathway includes five typical Notch ligands (Jagged 1 (JAG1), JAG2, Delta-like 1 (DLL1), DLL3 and DLL4) and four Notch receptors (Notch1-4) [198]. Upon ligand binding, a series of cleavages of Notch receptors are induced to form the Notch intracellular domain (NICD) [199]. Then, NICD is translocated to the nucleus and interacts with CBF1/Suppressor of hairless/LAG1 (CSL). NICD binding promotes the recruitment of the coactivation complex to CSL, which eventually leads to the transcriptional activation of CSL response elements [200]. In addition to this classical Notch signaling pathway, non-canonical Notch signaling is initiated by non-canonical ligands, in the absence of ligands, or does not require CSL [200, 201].

CSL suppresses transcription when Notch signaling is not activated, and therefore deletion of CSL or the downregulation of its components results in CAF activation since the expression of multiple CAF determinant genes are directly modulated by CSL [202]. The dysregulation of Notch signaling in CAFs affects the proliferation, migration, invasion and angiogenesis of cancer cells and ultimately affects tumor growth and metastasis [203, 204]. The downregulation of CSL in CAFs seems to be closely related to autophagy. Upon autophagy induction, the CSL protein level was usually decreased in the tumor stroma, but the mRNA level was not affected, and studies have shown that endogenous CSL was associated with autophagy and the signaling adaptor p62/Sequestosome 1 [205]. Interestingly, CSL silencing in CAFs induced autophagy by upregulating Unc-51 like kinase 3 expression [206]. The relationship between autophagy and CSL in CAFs is complex, and it suggests a new possible direction for stromal therapy that remains to be further explored. In addition to autophagy, the DNA damage/repair process is significantly related to CSL in CAFs. CSL expression was negatively regulated by stress/DNA damage induced by ultraviolet radiation A, ROSs, and other factors [207]. P53 is the key effector in the DNA damage response (DDR), which attenuated CSL gene transcription by suppressing CSL promoter activity. In addition, surprisingly, Bottoni et al. [208] showed that, independent of its role in regulating transcription, CSL was part of a multicomponent telomere protective complex required for telomere association and that CSL downregulation in CAFs triggered DNA damage, telomere loss and chromosome fusion. A recent study reported heterogeneous amplification and overexpression of the Notch1 gene in CAFs of skin squamous cell carcinoma. Notch1 overexpression led to the continuous expression of CAF effector genes, which might be caused by the blockade of the DDR and the inhibition of ATM-forkhead box O3a binding and the downstream signaling cascade [209].

As one of the important regulatory pathways in stem cells, the Notch signaling that is dysregulated by CAFs affects the biological functions of CSCs. In HCC,
CAF-induced Notch3 expression led to lysine-specific demethylase 1 deacetylation and activation, thus maintaining the self-renewal and tumorigenicity of CSCs [210]. In breast cancer, exosomal miR-221 secreted by CAFs decreased ER expression and upregulated Notch3 expression in recipient cancer cells, which induced the production of CD133-overexpressing CSCs and ultimately promoted hormone therapy resistance [211]. Additionally, DLL1+ breast cancer cells recruited CAFs and promoted Wnt ligand secretion by Notch2/3-expressing CAFs, resulting in increased Wnt/β-catenin-dependent DLL1+ CSC functions to promote metastasis and radioresistance [212].

In summary, unlike other signaling pathways, the Notch pathway activation in CAFs appears to preferentially alter autophagy and the DNA damage/repair process and thus contributes to cancer progression, which suggests novel applications and prospects for targeting the Notch signaling.

4.4 The Wnt signaling pathway

The Wnt signaling pathway regulates organ development and regeneration and stem cell differentiation, which is pivotal for malignancy initiation and progression [213]. The main components of the canonical Wnt pathway include secreted Wnt ligands, the transmembrane receptor Frizzled (Fzd), coreceptor LDL receptor related protein (LRP) 5/6, Dishevelled (Dvl), adenomatous polyposis coli (APC), glycogen synthase kinase 3β (GSK3β), Axin, β-catenin, and the TFs TCF/LEF [214]. In the absence of Wnt ligand stimulation, Axin, APC and GSK3β form a destructive complex that binds to β-catenin and phosphorylates it, and β-catenin is then degraded upon ubiquitination [215]. After Wnts bind to Fzd and its coreceptor LRP5/6, the intracellular protein Dvl is activated, thus inhibiting the degradation activity of the destructive complex and stabilizing the β-catenin protein in the cytoplasm. Upon accumulation in the cytoplasm, stable β-catenin enters the nucleus and binds to TCF/LEF, which initiates the transcription of target genes such as c-myc and cyclin D1 [213]. Furthermore, β-catenin binds to a variety of TFs in addition to TCF/LEF, such as Forkhead box TFs, SRY-box TFs, and SMAD, thereby regulating numerous downstream biological processes [216].

Wnt signaling is activated in NFs by various factors and may lead to NF transformation into CAFs [217]. For example, Wnt4 expression was significantly increased in the serum of patients with CRC, and it activated CAFs and induced the EMT by activating β-catenin [218]. Interestingly, distinct Wnt activities in CAFs also induced the formation of different CAF subtypes: the iCAF subtype was induced by low levels of Wnt, while the myCAF subtype was induced by high levels of Wnt [219]. Transdifferentiated adipocytes are sources of CAFs, and Wnt pathway activation facilitated this process. In breast cancer, activation of the Wnt/β-catenin pathway caused by Wnt3a secreted by cancer cells resulted in increased secretion of fibronectin and type I collagen and increased expression of the CAF marker FSP1 in adipocytes [37]. In addition, Wnt ligands might promote CAF activation through a non-canonical Wnt signaling pathway. Avgustinova et al. [220] revealed that Wnt7a, a key factor secreted exclusively by invasive breast cancer cells, induced CAF transformation. However, the activation of canonical Wnt signaling was not detected in this process, while TGF-β signaling was observed to be enhanced and led to ECM remodeling, which facilitated cancer cell migration and invasion.

The ultimate goal of Wnt-activated CAFs is tumor promotion; therefore, Wnt signaling in CAFs is innately involved in regulating malignant biological behaviors. CAF-derived Wnt2 plays a critical role in CRC progression. Aizawa et al. [221] performed immunohistochemical staining of 171 samples from patients with CRC and found that Wnt2 expression in CAFs was significantly associated with the lymph node metastasis (TNM) stage, venous invasion and recurrence. Wnt2 inhibition in CAFs significantly reduced the invasion and migration of CRC cells. The ability of Wnt to enhance the invasiveness of CRC cells might be mediated by its regulation of CAF motility and ECM remodeling [222]. Another study reported that proteins related to angiogenic function, including Angiopoietin-2, IL-6, granulocyte colony stimulating factor and placental growth factor, were upregulated by Wnt2 and that Wnt2 knockout in CAFs significantly attenuated angiogenesis [223]. In CRC xenografts, Wnt2 overexpression led to an increase in vessel density and tumor volume. In addition, Wnt2 secreted by CAFs repressed the dendritic cell (DC)-mediated antitumor T cell response through the suppression of cytokine signaling 3 (SOCS3)/p-JAK2/p-STAT3 axis, while targeting Wnt2 restored antitumor immunity and enhanced anti-PD-1 efficacy by increasing the number of active DCs [224]. As shown in Table 2, exosomal ncRNAs derived from CAFs also play an essential role in Wnt signal transduction.

Abnormalities in Wnt signaling are an important driving factor for CRC progression. CAF-secreted factors, including HGF, enhanced Wnt signaling in CRC cells and induced them to develop CSC phenotypes, thereby restoring the clonogenic ability or tumorigenicity of more differentiated tumor cells with relatively low Wnt signaling activity [225]. As previously stated, Wnt signaling activation in CAFs also exerts a decisive effect on CRC progression, which further reveals the importance of targeting the Wnt pathway in CRC.
4.5 The Hippo signaling pathway

The Hippo signaling pathway, which consists of a group of conserved kinases, suppresses cell growth and controls the size and volume of organs in various species [226]. Increasing evidence has confirmed that Hippo signaling plays critical roles in carcinogenesis, tissue regeneration and immune modulation [226, 227]. Briefly, after receiving a growth inhibition signal, the Hippo pathway modulates the downstream effector YAP/TAZ through a series of kinase phosphorylation events [228]. TEA domain (TEAD) family TFs are the best representatives of the TFs regulated by YAP/TAZ: TEAD TFs transcribe target genes upon activation by YAP/TAZ and promote cell proliferation and survival signaling [229]. Most of the biological functions mediated by YAP/TAZ depend on the interaction of YAP/TAZ and TEADs, including a protumorigenic phenotype acquired upon dysregulation of the Hippo pathway [227].

YAP/TEAD protein complexes affect downstream cytoskeletal proteins by regulating Src transcription, thus transforming NFs into CAFs, which accelerates the proliferation and invasion of epithelial cells and ultimately promotes tumor growth and metastasis [230]. YAP regulated the expression of various cytoskeletal regulators, such as Anillin and Diaphanous related formin 3, thereby contributing to ECM remodeling and stiffening. Interestingly, YAP activation itself was modulated by ECM stiffening, and actomyosin contractility and Src function were required for this effect [231]. Clearly, a feedforward self-enhancement loop helped maintain the CAF phenotype. Cerebral cavernous malformations 3 (CCM3) located at CAF adhesion sites competed with focal adhesion kinase (FAK) to bind to paxillin and fine-tuned mechanotransduction and YAP/TAZ activation mediated by the FAK/Src/paxillin axis [232]. The inactivation of CCM3 led to the intensification of tissue remodeling and force transmission to the matrix, resulting in the mutual activation of YAP/TAZ in adjacent cancer cells and ultimately inducing tumor metastasis [232]. Bertero et al. [233] found that ECM stiffening activated glycolysis and glutamine metabolism, thus coordinating the flow of non-essential amino acids in the tumor niche. The YAP/TAZ-dependent mechanical transduction pathway influenced the metabolic crosstalk between CAFs and cancer cells and regulated the metabolic reprogramming of cancer cells to support cancer progression [233]. In CAFs, YAP was located in the cytoplasm, while in activated CAFs, it was located in the nucleus and induced the expression of genes needed for tumor promotion. The YAP cytoplasmic-nuclear shuttle was affected by cell shape changes, YAP nuclear export, and the functions of actin, Src family kinases and XPO1 [234]. In addition, in the absence of ECM stiffness stimuli, Spin90 deficiency led to the recruitment of mDia2 and APC complexes to microtubules, resulting in increased microtubule acetylation, which facilitated the nuclear localization of YAP and ultimately mediated CAF activation [235]. Activated CAFs act on cancer cells by secreting exosomes to modulate YAP activity, which reveals the importance of the YAP pathway in CAFs. For instance, CAF-derived exosomal Annexin A6 stabilized integrin β1 in cancer cells, leading to ECM network formation and chemoresistance through the integrin β1/FAK/YAP axis [236]. Some typical signaling pathways have been shown to synergize with the YAP/TAZ pathway, and in CAFs, the most common of which is the Wnt/β-catenin signaling pathway. Liu et al. [237] identified the interaction between YAP and β-catenin in CAFs by performing communoprecipitation and proximity ligation assays. Wnt/β-catenin activation in CAFs facilitated the nuclear translocation of YAP, and this nuclear translocation was suppressed when Wnt/β-catenin signaling was blocked [237]. Ferrari et al. [70] further revealed that DKK3 modulated the synergism between Wnt/β-catenin signaling and YAP/TAZ signaling.

4.6 The NF-κB signaling pathway

The NF-κB family of TFs is involved in a variety of biological processes, including inflammation, immune response, and regulation of cellular functions [238]. These biological processes associate closely with cancer initiation and progression; therefore, NF-κB signaling is not only an essential regulatory pathway in inflammation and immunity but also a crucial factor in malignancy. The NF-κB family consists of five members, RelA (p65), RelB, cRel, NF-κB1 (p50) and NF-κB2 (p52), which exert their physiological functions by forming dimers [239]. In the canonical pathway, NF-κB activation is initiated by the binding of ligands (such as TNF-α, IL-1, and lipopolysaccharide) to their respective receptors (such as the TNF, IL-1 and Toll-like receptors) [240]. The non-canonical NF-κB pathway is activated by a small number of cytokines from the TNF family, such as B cell activating factor of the tumor necrosis factor family and CD40 ligand, to induce the synthesis of NF-κB-inducing kinases [241, 242]. The typical targets of canonical NF-κB signaling include genes encoding cytokines, chemokines, growth factors, and CXCLs, which exert crucial functions in controlling innate immunity and inflammation, while non-canonical pathways contribute to the development of secondary lymphoid organs and the maturation of B lymphocytes [243, 244].

CAFs in skin, breast and pancreatic cancers present a proinflammatory gene signature that depends on the activation of NF-κB signaling [245]. CAFs with a
TABLE 3 Cytokines and chemokines involved in signaling crosstalk between CAFs and cancer cells

<table>
<thead>
<tr>
<th>Cytokine or chemokine</th>
<th>Cancer type</th>
<th>Biological effects</th>
<th>Signaling cascades</th>
<th>Ref</th>
</tr>
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<tbody>
<tr>
<td><strong>The Notch signaling pathway</strong></td>
<td></td>
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<tr>
<td>IL-8</td>
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<td>Stemness and chemoresistance</td>
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<td>[386]</td>
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<tr>
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<td>Ovarian cancer</td>
<td>Proliferation and chemoresistance</td>
<td>CXCL12/CXCR4/Wnt/β-catenin</td>
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<tr>
<td>IL-1β</td>
<td>Bladder cancer</td>
<td>Proliferation and invasion</td>
<td>N/A</td>
<td>[388]</td>
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<tr>
<td>Ovarian cancer</td>
<td>Immune suppression</td>
<td>PS1/Wnt/β-catenin/IL-1β</td>
<td></td>
<td>[389]</td>
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<td><strong>The NF-κB signaling pathway</strong></td>
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<tr>
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<td>[387]</td>
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<td>LTBR/NF-κB/CXCL11</td>
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<td>Proliferation, migration and invasion</td>
<td>IL-1β/NF-κB/CCL22/CXCL4</td>
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<td>N/A</td>
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<td><strong>The PI3K/AKT signaling pathway</strong></td>
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<td>Migration</td>
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<td>Immune suppression</td>
<td>CXCL5/CXCR2/PI3K/AKT/PD-L1</td>
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<td>IL-6/JAK/STAT3/NOX4</td>
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<tr>
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<td></td>
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<tr>
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<td>IL6/STAT3/PD-L1</td>
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<td>[267]</td>
</tr>
<tr>
<td>IL-17a</td>
<td>Gastric cancer</td>
<td>Migration and invasion</td>
<td>N/A</td>
<td>[271]</td>
</tr>
</tbody>
</table>

Abbreviations: CAFs, cancer-associated fibroblasts; IL, interleukin; CXCL, C-X-C chemokine ligand; EMT, epithelial-to-mesenchymal transition; CXCR, C-X-C chemokine receptor; PS1, Presenilin 1; NF-κB, nuclear factor kappa-B; CCL, C-C motif chemokine ligand; HIF, hypoxia-inducible factor; LTBR, Lymphotoxin beta receptor; CCR, C-C motif chemokine receptor; JAK, Janus kinase; STAT, signal transducers and activators of transcription; NOX4, NADPH oxidase 4; TG2, Transglutaminase 2; PD-L1, programmed death ligand-1; PI3K, phosphoinositide 3-kinase; MAPK, mitogen-activated protein kinase; ERK, extracellular signal regulated kinase; CLCF1, Cardiotrophin like cytokine factor 1; ZEB, Zinc finger E-box binding homeobox; N/A, not applicable.
proinflammatory cytokines to enhance metastatic tumor growth [250].

Importantly, NF-κB signaling in CAFs is of unprecedented importance in cancer treatment resistance. Various factors leading to NF-κB pathway activation in CAFs exhibit the potential to promote drug resistance. Su et al. [251] identified and defined a new subpopulation of CAFs, CD10+ GPR77+CAFs, which was significantly associated with chemoresistance and poorer survival of patients with breast or lung cancer. CD10+ GPR77+CAFs were driven by the continuous activation of NF-κB through p65 phosphorylation and acetylation, which were maintained by complement signaling through the CsA receptor GPR77. CD10+ GPR77+CAFs induced CSC enrichment by secreting IL-6 and IL-8, providing a survival niche for CSCs and ultimately promoting cancer initiation and chemoresistance [251]. Similarly, IL-8 was expressed at high levels in patients with gastric cancer presenting chemoresistance. CAF-derived IL-8 potentiated the chemoresistance of gastric cancer by activating NF-κB signaling [252]. Interestingly, in nasopharyngeal carcinoma, CAFs reduced radiation-induced DNA damage through the IL-8/NF-κB axis, thus inducing the acquisition of radiation resistance [253]. In addition, the NF-κB pathway affects the metabolic characteristics of CAFs, leading to an increase in aerobic glycolysis and autophagy, thus providing support for cancer cell growth and invasion and contributing to drug resistance [254]. Lactate, a product of glycolysis, induced CAFs to secrete HGF in an NF-κB-dependent manner, and HGF activated Met-dependent signal transduction in cancer cells and maintained their resistance to TKIs [153]. Lactate in cancer cells also mediated brain derived neurotrophic factor production by CAFs in an NF-κB-dependent manner, activating TrkB/Nrf2 signaling in cancer cells to reduce their sensitivity to anlotinib [255]. These findings confirm the relationship between NF-κB signaling, metabolism and drug resistance.

In general, the NF-κB pathway in CAFs modulates cancer progression and promotes treatment resistance by regulating inflammatory factors in the TME and a series of chemokines and cytokines. Approaches targeting NF-κB signaling itself or downstream chemokines and cytokines may contribute to the treatment of cancers with inflammatory characteristics.

4.7 The JAK/STAT signaling pathway

The JAK/STAT signaling pathway is mainly stimulated and activated by cytokines [256], all of which have corresponding receptors on the membrane. These receptors themselves have no kinase activity but contain an intracellular binding site for JAKs [257]. In general, cytokines and growth factors bind to tyrosine kinase-related receptors and subsequently activate receptor-bound JAKs, resulting in autophosphorylation of JAKs and receptor tyrosine kinase residues [258]. The phosphorylation site on the receptor binds to the SH2 site of STATs, and receptor-bound STATs are phosphorylated by JAK to form dimers, which translocate into the nucleus and act as activated TFs to regulate the expression of target genes [259, 260]. Different combinations of JAKs [JAK1, JAK2, JAK3 and tyrosine kinase 2 (TYK2)] and STATs (STAT1, 2, 3, 4, 5A, 5B and 6) are activated by different ligands and receptors with a high degree of specificity, thereby regulating basic biological processes such as cell proliferation, differentiation, apoptosis and immunomodulation [261, 262].

In the TME, the IL-6/JAK/STAT3 signaling pathway drives cancer cell proliferation, invasion and metastasis and considerably suppresses the antitumor immune response [263], and CAFs play crucial roles in these processes. As the main sources of secreted IL-6, CAFs play a role in regulating cancer progression by secreting IL-6 to activate STAT3 in cancer cells (Table 3). For example, IL-6 secreted by CAFs accelerated the growth and angiogenesis of gallbladder cancer by activating the JAK/STAT3 signaling pathway in cancer cells and upregulating the expression of NOX4, a key gene involved in vasculogenic mimicry [264]. Importantly, CAFs affect cancer immunity through this pathway [265]. By activating STAT3, IL-6 in CAFs induced the differentiation and formation of immunosuppressive T cells called CD73+ γδ Tregs, the infiltration of which weakened the tumor-killing function of CD8+ T cells and was significantly related to a poor prognosis for patients [266]. Interestingly, CD73+ γδ Tregs could stimulate CAFs to secrete IL-6 through the adenosine/adenosine A2b receptor/p38MAPK signaling pathway, thus forming an IL-6/adenosine positive feedback loop [266]. In HCC, CAFs modulated the survival, activation and function of neutrophils in tumor tissues through the IL-6/STAT3/PD-L1 axis [267]. CAFs are also involved in the differentiation of myeloid-derived suppressor cells (MDSCs) [268]. CAFs recruited monocytes through the SDF1α/CXCR4 pathway and induced them to differentiate into MDSCs, which impaired T cell proliferation and changed the T cell phenotype and function in an IL-6/STAT3-dependent manner [269]. In esophageal squamous cell carcinoma, IL-6 and exosomal miR-21 secreted from CAFs synergistically promoted MDSC production by activating STAT3, resulting in the resistance of tumor cells to cisplatin [270]. In addition to secreting IL-6, CAFs alter STAT3 activity in cancer cells through a variety of other mechanisms to exert their biological effects [132]. For instance, CAFs secreted IL-17a to promote the migration and invasion of gastric cancer cells by activating the JAK2/STAT3 signaling pathway [271]. IL-11 secreted by

\[ \text{JAK}/\text{STAT} \]
CAFs enhanced the migration and invasion of gastric cancer cells by activating the JAK/STAT3 and MAPK/ERK pathways [272].

On the other hand, activation of the JAK/STAT pathway in NFs induces the activation and formation of CAFs, thus modulating cancer progression [273, 274]. PSCs secreted the autocrine leukemia inhibitory factor (LIF) and activated the JAK/STAT signaling pathway upon stimulation with IL-1, thus accelerating iCAF formation [48]. Albrengues et al. [275] showed that under the action of LIF, NFs were reprogrammed into CAFs with a preinvasive phenotype, thus promoting ECM remodeling and cancer cell invasion. Mechanistically, LIF activated an epigenetic switch that led to the structural activation of JAK1/STAT3 signaling and resulted in the continuous preinvasion activity of CAFs [275]. In addition, exosomes derived from cancer cells can induce the transformation of NFs into CAFs and regulate the function of CAFs by activating the JAK/STAT pathway in CAFs. For example, exosomal miR-210 derived from lung cancer cells increased the expression of angiogenic factors such as MMP9, FGF2 and VEGFA in CAFs by activating the JAK2/STAT3 signaling pathway, which ultimately promoted angiogenesis [276].

4.8 The MAPK signaling pathway

MAPKs are normally expressed in cells where they convert extracellular signals such as those from growth factors and stress stimuli into intracellular responses, contributing to embryonic development, tissue homeostasis and inflammation [277, 278]. Four main branches of the MAPK signaling pathway have been identified: the ERK, JNK, p38/MAPK and ERK5 branches [279]. Among these pathways, the JNK and p38/MAPK pathways have similar functions related to inflammation, cell apoptosis and proliferation, while ERK mainly regulates cell growth and differentiation [280]. The major driver of MAPK signaling pathway activation is the phosphorylation cascade involving MAPK kinase kinase (MAPKKK), MAPK kinase (MAPKK), and MAPK, while ERK activation is altered by the canonical Ras/Raf/MEK/ERK axis [281].

ERK activation in fibroblasts results in their transformation into CAFs and contributes to tumor growth [282, 283]. For example, when melanosomal miR-211 was transferred to NFs, it directly targeted IGF2 receptor and activates MAPK signaling, which drove NFs to acquire CAF phenotypic characteristics, including increased proliferation, migration and proinflammatory gene expression, and ultimately promoting the growth of melanoma [282]. In fact, CAFs preferentially exert their tumor-promoting functions by regulating the MAPK signaling pathway in cancer cells. Ligorio et al. [284] combined single-cell RNA and protein analyses to study the role of CAFs in regulating heterogeneity in pancreatic cancer and found that a significant single-cell population shifted toward the invasion-related EMT and proliferative phenotypes with the activation of MAPK and STAT3 signaling. In neuroblastoma, CAFs promoted the proliferation, survival and chemoresistance of neuroblastoma cells in vitro through a mechanism depending on the co-activation of JAK2/STAT3 and MEK/ERK signaling in cancer cells [285]. Exosomal ncRNAs also mediate the effect of CAFs on MAPK signaling in cancer cells (Table 2).

The JNK/p38 MAPK signaling pathway plays a pivotal role in the formation and activation of CAFs. In lung cancer, p38-dependent fibroblast-specific hyaluronan synthesis regulated the activation of fibroblasts, thus accelerating cancer cell proliferation [286]. P38 activation maintained the expression of tumor-promoting factors by CAFs, and this process depended on AUFI binding and stabilized the mRNAs encoding related factors to exert posttranscriptional regulatory effects [287]. However, Hong et al. [288] revealed that in breast cancer, p38 signaling suppressed MSC migration to the primary tumor and metastatic site, inhibited the transformation of MSCs into CAFs, and ultimately repressed tumor metastasis. Therefore, p38 signaling may exert distinct effects on the formation and activation of CAFs under different conditions, and further research is needed to clarify the mechanism. Similar to the ERK pathway, the p38 MAPK pathway mediates the interaction between CAFs and cancer cells to influence cancer progression [289]. In ovarian cancer, CAFs stimulated glycogen mobilization in cancer cells, thus promoting glycolysis, and this process depended on p38α MAPK activation in CAFs [290]. P38α MAPK in CAFs affected tumor growth and metastasis by altering glycogen metabolism because glycogen was one of the energy sources in cancer cells, promoting metastatic foci growth. Another study showed that under hypoxic conditions, lactate in CAFs mediated the metabolic coupling between CAFs and breast cancer cells to enhance the mitochondrial activity of cancer cells by activating the TGF-β1/p38 MAPK/MMP2/9 axis, thus promoting the invasion of cancer cells [291]. In addition, JNK signaling activation in CAFs suppressed CCL20 secretion, resulting in a reduction in CD8+ T cell infiltration and subsequently affecting antitumor immunity [292]. In summary, the JNK/p38 MAPK signaling pathway modulates CAF activation and the crosstalk between activated CAFs and cancer cells through various mechanisms. Strategies targeting this pathway are important to normalize the TME and treat malignant diseases.

The MAPK signaling pathway usually cooperates with the AKT signaling pathway [293, 294]. For example, in gastric cancer, tumor-educated neutrophils activated the AKT
and p38 pathways in MSCs by secreting IL-17, IL-23 and TNF-α, which induced MSC transformation into CAFs to facilitate tumor growth and metastasis [295]. In lung cancer, vascular cell adhesion molecule-1 secreted by CAFs activated the AKT and MAPK signaling pathways in cancer cells by binding to integrin α4β1, promoting the growth and invasion of cancer cells [296]. In pancreatic cancer, the combination of MEK inhibitors and STAT3 inhibitors alleviated stromal inflammation and enriched CAF phenotypes with mesenchymal stem cell-like properties to overcome immunotheraphy resistance [297]. The combined use of MEK inhibitors (e.g., trametinib), STAT3 inhibitors (e.g., ruxolitinib) and PD-1 inhibitor (e.g., nivolumab) to treat a patient with chemotherapy-refractory metastatic pancreatic cancer has yielded clinical benefits. Therefore, the effect of crosstalk with other signaling pathways should also be considered in efforts to target MAPK signaling.

4.9 | The PI3K/AKT signaling pathway

The PI3K/AKT signaling pathway is the most commonly activated pathway in cancers and promotes the growth, survival, and, particularly, the metabolism of cancer cells [298]. The PI3K/AKT pathway is usually triggered by the activation of membrane receptors such as RTKs or G protein-coupled receptors [299]. Activated PI3K on the plasma membrane stimulates the phosphorylation of phosphatidylinositol 4,5-bisphosphate (PIP2) to produce phosphatidylinositol 3,4,5-trisphosphate (PIP3) [300]. As a second messenger, PIP3 recruits AKT to the plasma membrane, where it is fully activated upon phosphorylation by the action of phosphoinositide-dependent protein kinase 1 (PDK1) and mTOR complex 2 (mTORC2) [301, 302]. Activated AKT phosphorylates tuberous sclerosis protein 1 (TSC1) and TSC2 to dissociate the TSC1/TSC2 complex, negatively regulating mTOR activity. Eventually, AKT leads to the activation of mTORC1, which increases protein and lipid synthesis and decreases autophagy, thus supporting cell growth and proliferation [300]. In addition to the classical TSC1/TSC2/mTOR axis, AKT regulates a series of other molecules, such as GSK3, Forkhead box TFs and IκB kinase complex (IKK), to participate in a wide range of functions [303].

The activation of the AKT signaling pathway stimulates CAF formation and infiltration in the TME. Numerous upstream factors, such as exosomal miR-21 derived from HCC cells [304] and soluble carcinoembryonic antigen released from CRC cells [305], sensitized the AKT pathway to activate CAFs and contribute to cancer progression. Activation of AKT signaling in CAFs affects cancer progression in many ways. Yamamura et al. [306] reported that Girdin, an AKT substrate, was activated by AKT in CAFs. When Girdin activity was inhibited, CAF infiltration and tumor growth were significantly decreased. In OSCC, integrin β2 was expressed at high levels in CAFs and enhanced the glycolytic activity of CAFs by mechanically regulating the PI3K/AKT/mTOR pathway [307]. Subsequently, lactate secreted by CAFs was metabolized by cancer cells to produce nicotinamide adenine dinucleotide, which supported cell proliferation. In lung cancer, the activation of the AKT/mTORC1 signaling pathway increased MDM2 translation in CAFs, thereby accelerating cell invasion [308]. In breast cancer, C3a/C3aR signaling promoted metastatic cytokine secretion and ECM generation by CAFs by activating the PI3K/AKT pathway, ultimately facilitating tumor metastasis [309]. Zhang et al. [310] utilized CUDC-907 to target the PI3K/AKT pathway in CAFs, successfully suppressed cancer progression and observed a decrease in the expression of CAF markers. These outcomes confirm the importance of the PI3K/AKT pathway in CAFs for cancer progression and emphasize the potential of therapies targeting this pathway.

More commonly, CAFs modulate cancer progression by altering the activity of the PI3K/AKT pathway in cancer cells. In CRC cells, blocking the PI3K/AKT pathway reversed the accelerated progression caused by co-culture with CAFs [311]. Thrombospondin 4 (TSP-4) secreted by CAFs bound to integrin α2 on gallbladder cancer cells to induce AKT-dependent phosphorylation of HSF1, thus maintaining the malignant phenotype of these cancer cells, including their proliferation, EMT and stemness [312]. Interestingly, activated HSF1 signaling increased TGF-β1 expression to enhance CAF activation and recruitment and elevated TSP-4 expression in CAFs, forming a positive feedback loop. Chemoresistance has also been shown to be related to the activation of the PI3K/AKT pathway in cancer cells mediated by CAFs. Li et al. [313] revealed that CAFs regulated microtubule-directed chemoresistance in breast cancer by secreting collagen to activate the integrin β1/PI3K/AKT signaling pathway. In addition, CAF-derived CXCL5 promoted PD-L1 expression in cancer cells by activating the PI3K/AKT signaling pathway, thus forming an immunosuppressive microenvironment [314]. In summary, CAFs mediated activation of the PI3K/AKT pathway in cancer cells regulates cancer progression through multiple mechanisms, and therapies targeting the PI3K/AKT pathway show promise for application.

5 | SIGNALING PATHWAYS IN CAFS AS POTENTIAL THERAPEUTIC TARGETS IN THE CLINIC

As mentioned above, TGF-β is crucial for the activation, formation, and phenotypic maintenance of CAFs.
Numerous preclinical models have shown the therapeutic benefit of targeting TGF-β, which has prompted a series of clinical trials (Table 4). In general, the new approach involves incorporating TGF-β inhibitors into tried-and-true treatment regimens in an effort to improve efficacy. A phase Ib/II clinical trial reported that the combination of galunisertib, a TGF-β receptor I kinase inhibitor, and gemcitabine prolonged the overall survival (OS) of patients with unresectable pancreatic cancer (NCT01373164) [315]. In patients with advanced HCC, galunisertib combined with sorafenib showed an acceptable safety profile and prolonged OS (NCT01246986) [316]. For patients with locally advanced rectal cancer, the addition of galunisertib to neoadjuvant chemotherapy improved the complete response rate to 32% with good tolerability (NCT02688712) [318]. Additionally, studies examining TGF-β inhibitors in combination with immunotherapy are ongoing. The phase I study initiated by Melisi et al. (NCT02734160) [319] evaluated the safety and activity of galunisertib combined with the anti-PD-L1 antibody durvalumab in metastatic pancreatic cancer, but further randomized trials have not been launched. The safety of SHR-1701, a bifunctional fusion protein targeting PD-L1 and TGF-β, has been certified in a phase I study for recurrent or metastatic cervical cancer and has shown encouraging antitumor activity (NCT03774979) [320]. M7824 is also a protein that simultaneously targets PD-L1 and TGF-β. The results of NCT02517398 showed that M7824 had a manageable safety profile and showed activity of galunisertib combined with neoadjuvant chemotherapy to treat metastatic pancreatic cancer and clinical trials of Hh pathway inhibitors combined with immunotherapy are also ongoing (NCT04007744 and NCT04827953).

Activated CAFs are key regulators of the stromal CXCL12/CXCR4 axis, which is closely related to immune cell infiltration in the TME. A preclinical study of pancreatic cancer revealed that FAP-dependent CAFs produced CXCL12, which prevented cancer cells from being detected and eliminated by T cells. The combination of the CXCR4 inhibitor plerixafor and anti-PD-L1 treatment might improve the efficacy of immunotherapy [327]. Garg et al. [328] performed pancreatic injections of a combination of pancreatic cancer cells and PSCs in a mouse model, documenting that PSCs secreted CXCL12 in an NF-κB-dependent manner, which decreased the infiltration of cytotoxic T cells and increased tumor growth. This effect was confirmed in human samples and was abolished by plerixafor [328, 329]. Based on the support from preclinical results, clinical trials focusing on the CXCL12/CXCR4 axis monotherapy or in combination with immunotherapy are ongoing (e.g., NCT04177810, NCT02907099, NCT03168139, NCT02826486, NCT 02179970, and NCT00903968). NCT02826486, a phase IIa study evaluating the efficacy and safety of the CXCR4 antagonist BL-8040 combined with pembrolizumab and chemotherapy in patients with metastatic pancreatic cancer, reported that BL-8040 increased the tumor infiltration of CD8+ T cells and reduced the numbers of MDSCs and circulating Tregs, which might expand the benefit of chemotherapy [330]. NCT02179970, a phase I study designed to evaluate the safety of the continued use of plerixafor by patients with advanced pancreatic or CRC has been completed. The continuous administration of plerixafor increased the intratumoral concentration of CD8+ T cells and reduced the numbers of MDSCs and circulating Tregs, which might expand the benefit of chemotherapy [330]. NCT00903968 also showed the safety and effectiveness of using plerixafor in combination with bortezomib in patients with relapsed/refractory multiple myeloma [332]. The safety of balixafortide, another CXCR4 antagonist, in combination with eribulin in the treatment of metastatic breast cancer, was confirmed in a phase II study (NCT01246986) [324, 325]. In TNBC, Hh-dependent CAF activation and ECM remodeling promote the formation of a CSC-supportive niche, leading to docetaxel resistance [179]. Based on the good effect on the preclinical model, a phase Ib study of the SMO inhibitor vismodegib combined with docetaxel was launched and showed antitumor activity in 3 (of 10) patients with advanced TNBC (NCT02027376) [326]. Another clinical trial applying the SMO inhibitor vismodegib combined with neoadjuvant chemotherapy to treat patients with TNBC is ongoing (NCT02694224). In the previous section, we have described the immunomodulatory effect of activated Hh signaling in CAFs, and clinical trials of Hh pathway inhibitors combined with immunotherapy
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<td>Combination exhibited Balixafotide-eribulin encouraging antitumor activity and controllable safety</td>
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</table>

Abbreviations: TGF-β, transforming growth factor-β; OS, overall survival; CXCL12, C-X-C chemokine ligand 12; CXCR4, C-X-C chemokine receptor 4; CAFs, cancer-associated fibroblasts; HER2, human epidermal growth factor receptor 2; N/A, not applicable
of HER2-negative metastatic breast cancer has also been confirmed, and its potential to improve outcomes has been documented (NCT01837095) [333].

Since the treatments that target CAF markers, such as FAP, do not directly act on the key signaling pathways we introduced and have already been extensively summarized [334], they will not be discussed further in this review. In addition, clinical trials of IL and STAT inhibitors are also widely ongoing. However, in contrast to the TGF-β pathway, Hh pathway, and CXCL12/CXCR4 axis, researchers have not clearly determined to what extent the therapeutic effects of IL and STAT inhibitors are related to CAFs. Notably, due to its particularity, evaluations of the efficacy of treatments targeting the stroma are mainly based on preclinical models. Accurate assessment of how medications affect the TME in clinical studies is still challenging.

6 | CONCLUSIONS

The dysregulation of specific signaling pathways in cancer cells is one of the key contributors to cancer initiation and progression, and this dysregulation may be induced by various circumstances, including the actions of CAFs. Through paracrine signaling, cell-cell interactions and exosome release, CAFs trigger the necessary upstream signals to activate or repress specific pathways in cancer cells, thus regulating a variety of malignant biological behaviors. Importantly, the function of CAFs in regulating cancer initiation and progression is modulated in many respects by the dysregulation of signaling pathways, most of which are triggered by cancer cells, thus forming a feedback loop between the tumor center and the stroma that regulates cancer progression. Although numerous studies described in the present review have conducted substantial work on the mechanisms by which CAFs are involved in cancer signal transduction, research on the complex regulatory networks in the TME formed by multiple pathways is still lacking. This lack of information is evident when applying treatments targeting tumor-stromal signaling pathways. The failure of targeted therapy may result from the activation of potential compensatory signaling when a specific pathway is blocked in CAFs. The treatment effectiveness may be considerably increased when the interplay of multiple pathways is recognized to apply combined or sequential targeted therapy. Despite the challenges, strategies designed to target stromal signaling pathways have shown considerable promise, regardless of whether the therapy is focused on single or multiple targets or administered in conjunction with other therapies, such as chemotherapy and immunotherapy. The development of efficient treatments will be aided by obtaining a thorough understanding of the signaling pathways in CAFs and the regulatory role of the TME in cancer progression.

DECLARATIONS

AUTHOR CONTRIBUTIONS

ZLF, QCM and JX collected the related studies and drafted the manuscript. WW, BZ, JL, CL, JH and YJZ participated in the design of the review. SS and XJY initiated the study and revised the manuscript. All authors have read and agreed on the published version of the manuscript.

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CONFLICT OF INTEREST

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Not applicable.

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